

LITTLE FLOWER HIGH SCHOOL

Abids, Hyderabad

MAGAZINE

2021

2022



THEME OF THE YEAR 2021-2022

Pandemic

A Time To Respond

SCHOOL ANNUAL REPORT 2021-2022

To reach out to the needy and to reflect on our own activities which needed our generosity and compassion, we have chosen “**Pandemic – A Time To Respond**” as the theme of the academic year 2021-2022.

The Theme of the Year Pandemic: A Time to Respond helped us to respond in every possible way to minimize the disruption to education, and ensure where ever possible learners continue to receive in person learning. The year gone by has taught us many lessons and one of the greatest lessons has been adaptation to changing times.

In Memoriam

We deeply regret the sudden demise of Rev.Bro. George Joseph, our Vice Principal (2007-2010) on 11 th September, 2021. A condolence meeting was held on 18 th September in the school auditorium to pay homage to the departed soul.

Awards and Accolades:

- ❖ In a survey conducted by Education Today under the category of India's Top 10 State Board Schools, Little Flower High School was ranked First in Hyderabad, First in Telangana and Ninth in India.
- ❖ In a survey conducted by Centre for Education and Development, our school yet again bagged the coveted award “Futuristic School in Education” with 5-star rating.
- ❖ Rev. Bro. Shajan Antony, our Principal, received the Iconic Leader Award - 2021 for his tremendous contribution to the field of education in the Virtual International Edu Conclave Award - 2021,organised by Educacio World on 30th April 2021.
- ❖ Rev.Bro. Shajan Antony, our Principal received the Seva Ratna Award – 2021 organised by Mother Foundation on the occasion of 111st Jayanthi Celebrations of Mother Teresa.
- ❖ CMR Group of Institutions felicitated Rev.Bro. Shajan Antony on th occasion of World Engineers Day and awarded him a memento for Leadership Skills.
- ❖ Rev. Bro.Shajan Antony received the Influential Leader Award 2021 for his exceptional leadership, committed efforts and innovative approach to groom the young learners with skills for life.

- ❖ Little Flower High School was adjudged as No.1 school in Hyderabad ,2 nd in Telangana and 14th at the National level in the Category of India's top 20 State Board Schools In the india School Merit Awards-2022 organised by Education Today.
- ❖ At the Edu Leaders Annual Conference-2022,held at New Delhi, Little Flower High School received the most prestigious 5 Star Rating School Award-2022 in the Category of Excellence in Technology integration in Education.
- ❖ In the Brainfeed School Excellence Awards 2021-2022, organised by Brainfeed Magazine, Little Flower High School has been awarded as the Top 500 schools in India for its and distinguished service in the field of education and training.

Results:

- ❖ Our SSC batch 2020-2021 made us proud yet again with 180 students scoring GPA 10/10. This was based on the internal marks of the students. 187 students scored 10/10 in I Language, 204 in II Language, 185 in English, 192 in Mathematics, 195 in Science and 191 in Social Studies. Kudos to the management and the members of the staff for their untiring efforts.

MORE –Montfortian Reachout:

- A 20 bed facility was arranged in the Primary Section equipped with oxygen concentrators, first aid materials, Oximeters, PPT kits and play area for our students who required isolation due to COVID 19.
- Packed food, essential provisions, medicines were also distributed to the needy. This initiative was spear headed by Rev.Bro. Shajan Antony, our Principal.
- Mr. Jaganath Reddy, an alumnus of the 1989 batch made a generous contribution of medicines, soaps, detergents, sanitizers and so on at Sneha Nilayam, Home for the Aged, Suryapet.
- From the bottom of our hearts, we express our gratitude to our parents, alumni and well wishers of the institution for their timely and generous contribution of Oxygen Concentrators, medical kits, sanitizers, grocery items and monetary help. It is because of their generosity over the years that we are able to continue with our outreach programmes.

The Staff

- ❖ We heartily welcome Mr.Akshay William, Mr.Bony Troy Ms. K.Deepthi, Ms. Jayamma, Ms.Malavika, Ms.Nazia Badar, Ms.Sadia Ali, Ms. Y.Sangeetha, Ms. Sumalatha, Ms. Swaroopa Rani, Ms. Srimukhi, Mr. Suraj Srivastav our new teaching faculty into our family.
- ❖ Mrs.Kezia Vijay Kumar, our senior teacher was awarded Excellence in Teaching Award 2021, by Lion's Club Of Hyderabad, Elite Doctors, Telangana, India.
- ❖ Ms.Akshi Mathur received the Bharatiya Shiksha Ratan Award 2021 for her outstanding contribution in the field of education by touching the lives of children.
- ❖ Health Camp for staff was conducted on 17th December 2021 by Vijaya Diagnostic Centre for the health and wellness of teachers and allied staff members.

TEACHERS' WEBINARS and SEMINARS:

- ❖ 5th Conference of All India Association of Montfort Schools (AIAMS) was held from 8th October 2021 to 10th October 2021. The theme of the conference was Montfortian Action for Total Sustainability. The resource persons were Mr. Sagar Dhara and Fr. Rayappa. The Chairperson was Bro.Varghese Theckanath, Director MSI, Hyderabad.
- ❖ All the teachers attended a webinar on Cyber Awareness organized by the All India Association of Catholic Schools on 26th February 2022. The webinar was very useful to all the teachers as it provided immense knowledge about cyber attacks and cyber crimes.The resource person of the session was Mr.Samson George, Director, Enterprise Risk Advisory, Technology Risk Partners.
- ❖ Few teachers from High school and Primary school attended the workshop-"Educational Workspace on Apple IPAD."The workshop was conducted by Mr. Daniel Sundaram. The teachers had a hands-on session and clarified many doubts regarding the usage of IPAD in the teaching process. The teachers had a wonderful learning experience.

Major Activities of the Year:

- ❖ Telangana Foundation Day was celebrated on 2nd June. Rev. Bro. Shajan Antony, our Principal hoisted the National Flag. Rev. Bro. Jacob, Primary incharge and other members of the staff were present on the occasion.
- ❖ On the occasion of World Environment Day on 5th June, a National Level Virtual Inter Montfort Schools English Elocution Competition was conducted. Students of Classes V to X from across the country showcased their public speaking skills and raised their voice for the cause of environmental protection.
- ❖ On the occasion of National Doctors' Day, our proud alumni serving the society as doctors were felicitated by Rev. Bro. Shajan Antony our Principal. They were appreciated for their services as 'corona warriors' during this pandemic time.
- ❖ As part of the Haritha Haram Programme, 'Green Drive' was initiated by Rev. Bro. Shajan Antony on 3rd July. Students from classes LKG to X participated in this programme enthusiastically by making videos on planting saplings.
- ❖ The Investiture Ceremony of the School Cabinet was held on 17th July with Shri V.C.Sajjanar, I.P.S., Additional Director General of Police, Telangana as the Chief Guest.
- ❖ The Investiture Ceremony of the Primary Section was held on 31st July. Rev. Bro. Shajan Antony, our Principal administered the oath of office to the bidding leaders.
- ❖ Independence Day was celebrated with patriotic feavour. The Chief Guest for the occasion was Dr. Shailendar Kumar Joshi, former Chief Secretary, Government of Telangana. Family patriotic singing, Dialogue Delivery and Declamation competitions were conducted for the parents and students as part of the celebrations. On the same day, a Thanksgiving Service was held for the students of the 2020-2021 batch.
- ❖ The first ever virtual Montfort Literary and Cultural Competitions for the schools in the Pune Province began with the Literary Competitions from August 19th to 30th and the Cultural Competitions from 20th to 27th September. Around 500 students from 16 schools took part in these competitions and won a number of prizes. The virtual Inaugural Ceremony and the Valedictory Ceremony were hosted by our school.

- ❖ All India Association of Montfortian Institutions organized the first of its kind virtual 'EUREKA QUIZ 2021' which was hosted by our school. Teams from all eight provinces in India took part in the event with great zest. Dr.P. Gopi Krishna was the Quiz Master of the event.
- ❖ Teachers attended the Fifth National Virtual conference organized by the All India Association of Montfort Schools ,held from 8th to 10th October 2021.The theme of the conference was Montfortian Action For Total Sustainability.
- ❖ Physical Parent Teacher Meetings were held on 23rd and 24th October 2021 for Classes I to X. The students' performance in the Mid-term assessments was discussed based on classroom observations.
- ❖ A Science Exhibition was witnessed by the parents on the occasion. Students exhibited innovative and creative models and projects which showcased their skill and expertise.
- ❖ Students of Class X set the ball rolling by starting the morning assemblies. Themes related to the theme of the year were chosen and speeches and skits were presented in an effective way. Class Assemblies were conducted on themes based on the theme of the year. All the students from each section took part in the Assembly enthusiastically and showcased their oratory and creative skills in a befitting manner.
- ❖ The Cricket fever reached unprecedented heights with house wise cricket matches held during the lunch hour. The cricket commentary by the students added to the scintillating experience. Sports Competitions in Basketball, Cricket , Tug of War, Shot Put were held for Boys and Girls of the High School to inculcate the values of sportsmanship and fair play.
- ❖ Children's Day was celebrated with Mr. Jayesh Ranjan IAS, Principal Secretary, I&C and IT, Govt. of Telangana as the Chief Guest. Our Chief Guest also launched the Parent Login Mobile App and LFHS T.V. Channel a student led initiative.
- ❖ The primary section started their physical classes from the 14th of November. The Management and staff have left no stone unturned to make all the necessary arrangements following the government protocol for the safety of the students.
- ❖ A Festival of Dramas brought out the best in our students. 4 One Act Plays in English were staged on 27th Nov., 2021 by the four houses - Cosmonauts, Aeronauts, Argonauts and the Astronauts to hone the acting skills of our students. The stage setting and costumes added to the aesthetics of the inter-house competition. The First prize was

bagged by the Cosmonauts for their play titled “One Thousand And One Nights”. Master Mohd. Danish Abdul of Class X B bagged the best actor award.

- ❖ On 28th November our NCC Unit under the aegis of the NCC Directorate, Telangana organised a solemn programme Azadi Ka Amrit Mahotsav to remember 5 soldiers of Hyderabad who sacrificed their lives during the Indo-Pak war of 1971. We salute these martyrs and express our heartfelt gratitude. The event was presided over by Col.A. K. Kulshrestha, Group Commander, NCC Group Commander, NCC Group, Hyderabad Headquarters, who saluted these soldiers and honoured their families.
- ❖ On the occasion of World Stroke Day a seminar was conducted by Dr.Lokesh Lingappa, Consultant, Child and Adolescent Neurologist, Rainbow Hospital on 29th October.
- ❖ Annual Day celebrations were held on 4th and 5th December by Classes 10th and 9th in the High School , with an impressive array of performances by the students. Ms. Aruna Bahuguna, I.P.S (Retd) was the chief guest for Class 10 Annual Day celebrations while Dr. V. Anitha, Dean of P.G Studies, Agricultural University, graced the occasion as Chief Guest for Class 9. The programmes were planned, organised and executed by the students ..The students enthralled the audience with their amazing dance and skit performances. Parents delivered their impressions with appreciation.
- ❖ Class Assemblies conducted by students of Class 9 sections brought into focus the new COVID ‘19 variant OMICRON. Students spoke about the signs and symptoms as well as precautions to be taken.
- ❖ Ms. Shriya Kolpuru, a talented young artist, worked in collaboration with author Smt. Zeenath providing graphic illustrations for her recently released novel Miliazamo The Pencil -Thin Thief. Ms. Shriya was felicitated for her commendable work by famous Journalist and Joint Metro Editor Ms. Sudipta SenGupta.
- ❖ Seven teaching stalwarts - Ms. Ann Oommen, Ms. Sandhya Ramesh, Ms. Pramila Nagaraj, Ms. Mary Ann Joseph, Ms. Nirmala, Ms. Bhargavi and Mr. JayaPrakash were felicitated by the management, staff and students of Little Flower High School on the occasion of their Superannuation on 10th Dec, 2021. Rev. Bro.Shajan Antony presented the citation with a heart warming message to the teachers. The Little Flower Old Students Association and alumni of the institution also felicitated the teachers with a shawl, memento and bouquet. Students

flocked together to meet and greet their beloved teachers and wish them health and happiness.

- ❖ A seminar was conducted for the students of Classes IX and X, to promote awareness on water conservation by the National Water Development Agency. Mr. Vinod Kumar, Executive Engineer National Water Development Agency, enlightened the students about the Inter Basin water transfer proposals for the optimum utilization of water resources.
- ❖ United Carol Singing Competition for schools and colleges was hosted by Little Flower High School, Abids, Hyderabad on 11th December 2021. The Chief Guest for the occasion was Rev. Msgr. Y. Bala Showry Reddy, Vicar General, Arch Diocese of Hyderabad.
- ❖ Christmas brings cheer and love and we celebrated it with the same fervour, spreading the message of love and joy among our children. Students of Primary classes enacted the Nativity Play. The school echoed with Christmas carols sung melodiously by the choir ushering in the festive season.
- ❖ Students of Classes VIII and IX visited Bharat Dynamics Limited, Kanchanbagh to witness the product exhibition showcasing models of different missiles, to commemorate 75 years of India's independence.
- ❖ The Physical Parent -Teacher meeting was held on 8th January. Students' performance in the Summative Assessments II was discussed with the parents.
- ❖ Social Studies and Best from Waste Exhibitions were organised in the school on the PTM day. The students displayed their creative models which showcased their skills and talents.
- ❖ A free vaccination camp for students, parents, teachers and their relatives was organised on 21st January and 4th April, 2022. It was sponsored by a former student under the aegis of Vardhaman Kitchen World.
- ❖ The 73rd Republic Day was celebrated with great nationalistic fervour in the school. The NCC Cadets were given special awards on this day. Master Ashrith of class IX received the Best Cadet Trophy.
- ❖ Founders day was celebrated virtually on 31st January. A short video on the life of St. Louis de Montfort was presented on this day.
- ❖ Virtual Annual Day celebrations of classes V and VI was held on 31st January. Dr. Rajeev Reddy, Consultant Orthopaedic Oncosurgeon and

also an alumnus of 2000 batch was the Chief Guest of the day. Students showcased their talents by putting up a fantastic cultural programme.

- ❖ The students of Classes IX and X started their physical classes from 1st of February. The management and staff left no stone unturned to make all necessary arrangements following the government protocol for the safety of the students.
- ❖ Mr. Shivan, our supporting staff member attained superannuation after putting in 39 years of dedicated services in the institution. A felicitation programme was held on 28th February by the school management.
- ❖ On 5th and 6th of February, a seminar and retreat was conducted virtually by Montfort Brothers of St. Gabriel, Province of Pune, for the Catholic students of Classes VIII, IX and X.
- ❖ A workshop on Career guidance was conducted virtually for students of Class IX and X on 5th February. Ms. Neha Wahi, AVP Career Launcher was the Resource person.
- ❖ Parents of Class X had a one to one meeting with the Principal from 7th to 14th February to discuss the academic performance of their wards.
- ❖ A Fashion show, FASHIONISTA, was organised for the students of Pre-Primary and Primary. The students walked down the Ramp in different attires with great zeal and confidence.
- ❖ Career talk, a one on one career counselling session was held for the students of Class X by KOMPASS College.
- ❖ A Webinar on Cyber Awareness was organised for the teachers by All India Association of Catholic Schools (AIACS) on 26th February with Mr. Samson George, Director, Enterprise Risk Advisory, Technology Risk partners as the Resource person.
- ❖ Educational Workspace on Apple Ipad, a workshop on using tools on Apple Ipad was conducted for the teachers by Mr Daniel Sudershan. The teachers had a hands-on training session during the workshop.
- ❖ Many students took part in the International Letter writing Competition - 2022 conducted by the Department of Posts, GPO, Hyderabad.
- ❖ The International Womens' Day was celebrated on 8th March. A special cultural programme was organised by the School Cabinet on this occasion.
- ❖ Virtual Annual Day Celebrations of Class LKG was held on 8th March with Ms Manisha Gogte as the Chief Guest for the function.

- ❖ On 11th March, the Silver Jubilarians Mr Sampath Kumar, Mr V.S.N Murthy ,Ms. Praniti Chander, Ms. Avanthi Pande, Ms.Surekha Mathur, Ms Padmaja Vallabh and Ms. Aarathi Singh were felicitated for their 25 years of remarkable services to the institution.
- ❖ The Virtual Annual Day programme for Class UKG was held on 13th March .The Chief Guest of the day was Dr.M.A Muqsith Quadri .
- ❖ Rang Bhumi -Theatre -in- Education conducted a workshop on Applied Theatre in Education for teachers from 12th to 14th March. The teachers demonstrated their skills in drama by incorporating their skills in drama.
- ❖ As a part of the Swachhta Pakhwada,the National Water Development Agency conducted a Drawing and Painting Competition.The students of Classes VII to IX participated in the competition. Deepanshu Gaikwad of Class IX bagged the First Prize.
- ❖ Virtual Annual Day celebrations of Classes I and II was held on 20th March with Dr. B.V. J Vikas,Dental Surgeon as the Chief Guest.
- ❖ Students of Classes III and IV celebrated their Annual Day Virtually on 22nd March with Ms. K.Lalitha ,Joint Director ,Finance Department ,Govt. Of Telangana, as the Chief Guest of the function.
- ❖ Virtual Annual Day Celebrations of Classes VII and VIII was held on 26th March . Dr.Hemanth Kaukunta, Cardiothoracic Surgeon ,vice Chairman and Director of cardiac Surgery and a proud Alumnus of Little Flower High School was the Chief Guest for the day.
- ❖ A Seminar on Parenting was held for the parents of Class VIII on 26 th March. Dr.B.V.J Vikas was the Resource Person. The seminar focused on behaviour patterns of students .
- ❖ Enrichment classes in Physics were conducted for students of Class X by Mr.Karthik Thirani .
- ❖ The Awards Day was held on 26 th March with Mr. L.Sharman IAS,Collector of Hyderabad ,Telangana as the Chief Guest and Justice Sri.A.Abhishek Reddy ,High Court Judge ,Telangana as the Honoured Guest The Guests of Honour on this special occasion were Dr.Nadeem Ahmed F/O Master Mustafa Ahmed(SPL Boys) and Ms. Krishna Sowjanya M/O Miss Mahima Gandhi(SPL Girls)..Special Awards and The Literary ,Cultural and Sports and Games and the Overall Trophies were given away .The much coveted Overall Trophy was bagged by the Astronauts .
- ❖ A Thanksgiving service was held for the students of Class X .The students expressed their gratitude towards their Alma mater where they

had spent the most formative years of their life. It was also a day filled with many nostalgic memories.

- ❖ On the occasion of World Water Day, HMWSSB conducted a seminar for the students of classes VIII and IX on the significance of groundwater, water conservation and water harvesting techniques.
- ❖ Ms Sunita, Corporator, GHMC, Mr. Santosh Kumar Jagdishvar DGM, Mr Swami- Manager and R. Mallesh, Janani Foundation Director enlightened the young minds.
- ❖ The Cabinet Handing over Ceremony was held on 1st April. The members of the Senior Cabinet handed over their responsibilities to the Interim Cabinet in a solemn ceremony.

Landscaping and Infrastructure

- To enhance the importance of nurturing nature, all open places in the school are arrayed with potted plants. A beautiful vertical garden adds to the landscape of the school.
- A magnificent aquarium and an attractive Children's Park are a delight to the children in the Primary Section. A water harvesting system has been set up to help in the conservation of water.
- A new Activity Room has been designed in the Primary Section to facilitate creative minds with innovative ideas.
- To keep abreast with advancement in technology and to upgrade ourselves, the entire school is now digitalized with Wi-Fi connection in all classrooms, labs and office areas. The school library is also completely digitized.
- The school office has been completely renovated and a new boys' washroom has been constructed for the convenience of Middle School students.

Our Achievements

- ❖ Little Flower High School was declared the Runners Up in the Asian Semi-Finals round of the NASA Space Settlement Design Competition conducted in March. Master Sushruth Chandra, Master A.Sai Shashank, Master G.Srujan Chandra of Class X, Master N.Aryan Reddy, Master C.R Harshavasan, Master N.Bhuvan Sai of Class IX, Master Abhiram Singh Thakur, Master K.Sri Charan Reddy, Master G .Karthikeyan Ram Rishi and Master P. Snehith Reddy of Class VIII were the members of the team.

- ❖ Master Mustafa Ahmed Class X was declared First Runner Up in TCS IT WIZ national Finals 2021.
- ❖ In the International English Olympiad ,Master B.V.A.S .Kaustubh Class V secured the 17th rank in the International level, 14th in the regional and 10th at the zonal level.
- ❖ Master Vishwadthya Roshan and Master Joshua Adeesh of Class IX received the Catechism Award from the Archdiocese of Hyderabad.They won a cash prize of ₹5000 and ₹2000 respectively .
- ❖ Miss Sibha Fatima Class X bagged the First prize in English Elocution , Mohd Abdullah Class X secured the First place in Hindi Elocution,in seniors category in the competitions conducted by Salarjung Museum, Ministry of Culture, Govt. of India on the occasion of Children's Day.
- ❖ Master Yash Chapparwal Class VII Stood First in English Elocution , M. Hasini Class VII bagged the First prize in Telugu Elocution, Ritu Class VII secured the First place in Hindi Elocution in Juniors category in the competitions conducted by Salarjung Museum, Ministry of Culture, Govt. of India on the occasion of Children's Day.

HEARTFELT GRATITUDE:

“Our goals can only be reached through a plan, in which we must fervently believe, and upon which we must vigorously act. There is no other route to success.” – Stephen A.Brennen.

These words inspire us to continue to work with determination and to do our best despite the challenges we face every day, in every sphere of life.

We are ever grateful to the Management, teachers, parents, our well-wishers and friends for the support we have received from them especially during this pandemic time. Above all we are grateful to the Lord Almighty for His grace on our institution and helping us to sail through as one family.

Thank You.

News Bytes- A Fortnightly School Magazine

Class: LKG
Dussehra Special

Orientation Programme for the parents of the students of LKG was held online on Sunday, June 13th 2021 at 6pm. Our resource person was Mr. John Hemanth Kumar, Director of The Neurons, Hyderabad, who is a renowned psychologist and an alumnus of our school – batch of 1977.

There was one-on-one interaction with the students that started on June 25th at 9am with five students at a time. Online classes were held for the students starting from July 1st 2021.

Activities like sorting, pouring and gardening activity were planned for the students to develop their fine and gross motor skills. Sorting activity was done with pulses, pouring activity with a mug, water bottle and a big bowl of water. Pouring activity helped them in gardening activity where they watered the plants.

Paper tearing, elastic band and clips and clutches activity was conducted online with the help of parents. Paper tearing activity helped the students to get the grip of the paper. Elastic band activity helped the students to stretch their hands muscles. Clips and clutches activity helped them to apply pressure with their fingers.

Buttoning and bangle activity and yoga was held online with the help of parents. Students enjoyed the buttoning activity which helped them to push and pull the button through the button hole. Bangle activity helped them with hand - and - eye coordination. Yoga activity helped them to build their physical health.

Rangoli tracing, palm print activity and Independence Day were celebrated online. Rangoli tracing was an activity where the students traced the basic strokes like . | / - () , which helped them to form letters and numbers. Palm print activity was a play way method to learn the Primary colours Red, Blue and Yellow. The students learnt to mix two Primary colours to get the secondary colours like Orange, Green, and Purple. It was an activity full of fun. Independence Day was celebrated online where students learnt and spoke about the importance of Independence Day. Students recorded some patriotic songs with the help of their parents.

Snack activity, clay activity and Teachers' Day were celebrated online with the help of parents. The students learnt to wash their hands before and after eating, they learnt to spread napkin and serviettes and eat their food properly without spilling it. The students learnt to mould letters and numbers that they have learnt. The formation of letters and numbers was learnt the right way with the help of clay activity.

The students of LKG had an offline interaction in the school. The first visit to their classroom was made a memorable one by the teachers by giving them smiley badges, stars in their books and lollipops and chocolates. Students were very happy and wanted regular offline classes.

The students learnt the importance of Gandhi Jayanthi by dressing themselves like Gandhiji and speaking a few words about him. Dussehra was celebrated with joy. The students shared their pictures of Buthukamma and Dandiya.

LKG-A

Keeping Children Happy

Sorting Activity



Gardening Activity



Happy Gandhi Jayanti

"Jagadguru Bhatnagar Rajaram
Patil Pravan Sitaram
Jeevar Allah Teri Naam
Dekho Samadhi de Bhagwan"

1st Day of School



Let's celebrate the victory of
forces of good over evil
Wishing you all a very

Happy
Dussehra



Always believe in yourself



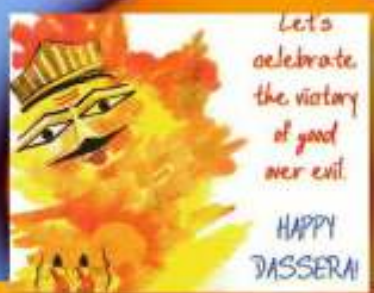
Paper-Tearing Activity



Rubber-Band Activity



Clips & Clutches Activity



Never say, "I can't" Always say, "I'll try"



LKG-C

You can
LEARN,
something new
EVERYDAY
If you
LISTEN

TAKE
THE
TIME
TO MAKE
YOUR
SOUL
HAPPY



Bangle Activity



Buttoning Activity



Gandhi Jayanathi

SPEAK NO EVIL **HEAR NO EVIL** **SEE NO EVIL**

1st DAY of SCHOOL



“ If you want real
peace in the
world, start with
children.

LIFE
is about using
the whole box of
CRAYONS



LKG-D

Excellence is not being the best; It is doing your best.



Every Child is an Artist



Independence Day Activity



Rangoli Tracing Activity



Palm Print Activity



Strength does not come from physical capacity, It comes from an indomitable will.



happy First Day of School

the MORE YOU PRACTICE THE BETTER YOU GET





BE AWESOME,
BE AMAZING,
BE YOU.

Believe in yourself

It's Snack-Time

Snacks Activity

Be Creative

Clay-Modelling Activity



Happy
first day
OF
School!

Teachers' Day Activity

Happy Dussehra

*"Live as if you were to Die Tomorrow.
Learn as if you were to Live Forever."*

Mahatma Gandhi

HAPPY Gandhi Jayanti

You are
BRAYER
than you Believe.



News Bytes- A Fortnightly School Magazine

Class: UKG

The Orientation Programme for the parents of the students of class UKG was held on 13th June 2021.

MEDLEY OF ACTIVITIES: Play, it is said, is the highest form of research. Students were introduced to a number of activities in order to reduce their screen time, so that they play, explore and discover their hidden talents. Regardless of the limitations brought on by the COVID-19 pandemic, the Pre-primary section was abuzz with activities. Weekly activities were organized catering to their different interests and to nurture multiple intelligences of our blooming buds. Activities such as Paper plate clock making activity, making of the eco friendly clay Ganesha, hill sand using sand and glue, making toothbrushes using popsicles were a few.

Haritha Haram : "One of the first conditions of happiness is that the link between man and nature shall not be broken." - Leo Tolstoy . The tiny tots of kindergarten had their first hand on experience by planting fenugreek (methi) seeds and proudly displaying their plants as part of the green initiative programmes undertaken to mark the occasion of Haritha Haram.

COLOUR DAY: Sometimes all you need is a little splash of colour. A very important part of learning during Kindergarten years is identification and recognition of colours. Each Grade and each section of the Kindergarten had their own theme of colours. The students and teachers were dressed in those vibrant colours. Children displayed different objects like toys, decorative items, and drawings , students spoke about their colour by show and tell activity. Students participated enthusiastically speaking a few lines on their chosen objects. This was a fun-filled activity.

INDEPENDENCE DAY: The month of August saw the Little Flowers showcasing their creativity , various competitions were conducted to mark the 75th year of freedom. **TRI COLOUR ACTIVITY:** To bring in the patriotic fervour a cultural extravaganza was organised for the students. Face painting, Flag colouring, Tri colour fruit fiesta, Tiranga veggie feast were organised, these activities had large numbers of student participate with great enthusiasm.

FAMILY PATRIOTIC SONG COMPETITION: As part of a series of events organised to celebrate the 75th Independence Day, families came together to express their love for the motherland through rendition of patriotic songs, patriotism as the guiding light, the event saw enthusiastic grandparents, parents and students perform on the occasion through virtual mode. We salute their participation and patriotic spirit.

CLAY MODELLING: Students of class UKG participated in ecofriendly clay Ganesha models making activity. It was wonderful to see these young talented students come up with creative displays of their favourite Ganesha. Students displayed fine motor skills and excellent eye hand coordination and worked independently on their model.

SINGING AND DANCE COMPETITION: Solo Singing and Solo Dance competitions were conducted the lively dancers left the judges and audience mesmerised with their peppy presentations. The colorful costumes of the little ones enhanced the pleasure of watching the performance. The Solo Singing competition saw the budding talent of our tiny tots. The participants sang with a lot of composure and passion and seemed to enjoy what they sang. We appreciate and thank all the Parents and well-wishers for partnering with us and for availing all the learning opportunities provided for the all-round development of the child.

Tell me and I forget, Teach me and I Remember, Involve me and I learn

WELCOME TO OUR classroom WHERE THE magic NEVER STOPS AND THE adventure NEVER ENDS!



Solo Singing



Eco-Friendly Ganesha

Little Hands at Work

Haritha-Haram



Plant a tree, Plant a life

Colours' Day



Colours are brighter when the mind is open



Be the change that you want to see in the world. GANDHI JAYANTI



HAPPY Janmashtami



1st Day of School

In a gentle way you can shake the World



BELIEVE IN YOURSELF

Every child is a different kind of flower,
and all together, they make this world a beautiful garden



Janmashtami



Each
one
Plant
one



Colours' Day

Everything Looks Better in Colours



Eco-Friendly Ganesha



If we want to reach
real peace in this
world, we should start
educating children

— Mahatma Gandhi —

Gandhi Jayanthi




happy
First Day
of School



Happy
Dussehra

MAKE THE WORLD
MORE
AWESOME

Create your future 



TODAY
A READER
TOMORROW A LEADER

From Small Beginnings Come, Great Things

Colours' Day



Today WILL BE A Great Day

BLUE COLOUR

Eco-Friendly Ganesha



WORLD OF KNOWLEDGE

Gardening Activity

LET'S ROOT FOR EACH OTHER AND WATCH EACH OTHER GROW.



To Plant a Garden is to Believe in Tomorrow

Tri-Colour Activity



Be the man, have the man

R. Srihitha

Teachers' Day

Instead of trying to be the BEST IN THE WORLD, Try to be the BEST FOR THE WORLD.

If Your Auntee Inquire Others to Dream more Learn more Do more Become more This one is a teacher



HAPPY FIRST DAY OF SCHOOL



Tri-Color Activity



B. Ad



We are SHARP students!

WE ARE awesome Readers

Independence Day

On Independence Day.. Here's wishing our dreams of a new tomorrow come true for us.. **NOW AND ALWAYS!**

Teachers' Day

Eco-Friendly Ganesha

If you Never Try you Will Never Know

Gardening Activity

BLOOM Grow BLOSSOM

Happy Gandhi Jayanti

Peace is the most powerful weapon of mankind.
- Mahatma Gandhi

Colours Day

BE the most BRILLIANT COLOR in the BOX

Stand **TALL** and be **PROUD**. Be **YOURSELF** you are **AMAZING**.

1st Day of School

LITTLE LOWER HIGH SCHOOL, HYDERABAD.

WHEN YOU ENTER THIS CLASSROOM:

- YOU ARE Budding **SCIENTISTS**
- YOU ARE Curious **EXPLORERS**
- YOU ARE Active **READERS**
- YOU ARE Creative **WRITERS**
- YOU ARE Team **PLAYERS**
- YOU ARE Truly **IMPORTANT**
- YOU ARE Totally **RESPECTED**
- YOU ARE THE **WHOLE REASON I AM HERE!**



Class - I

Virtual Orientation Programme was held for the parents and students of Class I on 14th June, 2021 to prepare them for the academic year. The resource person was Dr. Mohd. Sadiq Azam, Consultant Cardiologist and our proud alumnus of the 2000 batch.

The International Yoga Day was virtually celebrated on 21st June. The students of Class I participated enthusiastically reinstating the fact that yoga makes us stay relaxed and fit.

"Active learning is always involved with the interaction between teachers and students," Joseph Stiglitz. The interactive sessions for class 1 were held online on 25th, 26th and 28th of June, 2021. A section wise online interactive session was held for parents of Class 1 with our Principal on 18th July, 2021.

"Planting a sapling today gives a better and bright future tomorrow". Our little students actively participated in the Haritha Haram programme on 3rd July, 2021 and showcased their responsibility towards the environment.

Virtual Inter - Class Literary and Cultural Competitions play a major role in motivating students to perform, excel and gain an enriching experience. The participants enjoyed the events like Drawing, Hindi Recitation, Solo Singing, Telugu Recitation and Hindi Story Telling and bagged many prizes.

The Investiture Ceremony of Class 1 was held on 31st July, 2021. It was a solemn occasion where young students were prepared to don the mantle of leadership and discharge the responsibilities entrusted to them. The occasion was graced by Shri V.C. Sajjanar I.P.S, Additional Director General of Police our Chief Guest and Rev. Brother Shajan Antony our Principal.

The students celebrated the 75th Independence Day virtually with great zeal and enthusiasm. Activities such as making tri colour flowers, flags, rangoli and so on were conducted to evoke a sense of patriotism among the students. Few students dressed as freedom fighters as well.

A virtual Quiz on freedom was conducted on 20th August, 2021 to enlighten the students about the importance of independence and the sacrifices of various freedom fighters. Many students participated enthusiastically.

Virtual National Sports Day was celebrated on 29th August 2021, to mark the birth anniversary of Major Dhyan Chand, the star hockey player of India. Various games were conducted to inculcate team spirit in the children.

Teachers' Day was celebrated on 5th September, 2021. Children participated in Virtual Teachers' Day programme with zeal and expressed their gratitude to their teachers.

Parent Teacher Meeting was held on 24th October, 2021. Parents showed keen interest to know their ward's performance and steps for improvement for the next term.

A spectacular show was put up by the teachers on 13th November, 2021 in the Primary School to express their love and affection for the children. The children were also given a grand welcome to the physical classes.

**TODAY IS THE OPPORTUNITY TO
BUILD THE TOMORROW
YOU WANT !!!**



INVESTURE CEREMONY

CONGRATULATIONS!

True leaders always bring their own sunshine !!

*May the glory of
Independence Day be with
us forever !!*

18/08/2021

**HAPPY
INDEPENDENCE DAY !!**

**H A R A M
A R I T H A**

*“ Let the green
be seen !! ”*

*Good teachers instill
a love of learning !!*

TEACHERS' DAY

D I W A L I

*Be as magical as
the lights of Diwali !!*



Class 1B



HARITHAHARAM



DIWALI CELEBRATION



INVESTITURE CEREMONY



Class 1C

FROM SMALL BEGINNINGS
COME GREAT THINGS

Investiture Ceremony



Haritha Haram



Teachers' Day Celebration



Independence Day



Diwali Celebration



Class 1-D



Independence Day



Haritha Haram

LITTLE FLOWER HIGH SCHOOL
Let Your Light Shine
ABIDS, HYDERABAD

THE MANAGEMENT AND STAFF OF
LITTLE FLOWER HIGH SCHOOL, ABIDS

Congratulate the Leaders of Class 1-D

Class Leader: Kalyana Rajan

Art Leader: Mha Hanika



Kalyana Rajan
Abids

Mha Hanika
Abids

Shalini
Abids

Kavya Lakshmi
Abids

Investiture Ceremony



Teachers' Day Celebration



Diwali



DIWALI CELEBRATIONS

YOUR ATTITUDE DETERMINES YOUR DIRECTION

CLASS I E



INVESTITURE CEREMONY



HARITHAHARAM



Peacock making Class 1E



INDEPENDENCE DAY CELEBRATIONS



TEACHERS' DAY

News Bytes - A fortnightly School Magazine

"A Journey of Excellence"

A Virtual Orientation Programme was held for the parents and students of Classes II to IV on 14th June, 2021. The resource person was Dr. Mohammed Sadiq Azam, Consultant Cardiologist and our proud alumnus of the Batch of 2000. He shared his thoughts about the important role played by the parents in the current pandemic scenario. Rev. Bro. Shajan Antony, our Principal reiterated that the team work of parents and teachers is vital to the teaching learning process.

Reading is a conversation. All books talk. But a good book listens as well. International Reading Day was celebrated on 19th June, 2021 to encourage the young readers to love reading as we at LFHS believe that reading should be "FUN" and that's when the real learning begins!

There was an online participation of students, parents and teachers to commemorate the nation wide celebration of the International Yoga Day. This day was observed to spread the message of yoga as an important tool for promotion of good health and well being.

Haritha Haram was celebrated on 3rd July, 2021. Many students took part in the programme. By planting saplings they created a sense of social responsibility to make the surroundings green and clean for future generations.

The Investiture Ceremony for Classes I to IV was held on 31st July, 2021. Rev. Bro. Shajan Antony, our Principal administered the oath of office to the budding leaders. The student leaders took the oath and vowed to abide by the rules of the school and discharge their duties in a diligent manner. The newly elected leaders received their badges.

We at LFHS celebrated the bravery of our forefathers and their gift of freedom on the 75th Independence Day. The Chief Guest for the occasion was Dr. Shailendra Kumar Joshi, Former Chief Secretary, Government of Telangana. On this day students showed their patriotism by making creative items using the papers of the tri colour. Family Patriotic Singing, Dialogue Delivery Competitions were conducted for the parents and students as part of the celebration.

To mark the significance of National Sports Day, our Physical Education Teachers organised several online activities on 29th August, 2021 to inculcate the feeling of true sportsmanship among the children and to enhance their physical and social skills.

A plethora of Literary and Cultural Competitions were organised for Class - II. The students participated enthusiastically in different events like Drawing, Hindi Story Telling, Solo Singing and Telugu Recitation. Many students bagged prizes.

On Teachers' Day, the students showed their affection, regard and respect for their teachers with their wonderful performances.

It was a great blessing to have children with us on 13th November, 2021 for the Children's Day Celebrations. Teachers took part in various events in order to express their love and affection for their students.

CLASS- 2A



Leadership is an
action, not a position



INDEPENDENCE DAY
Let the tricolour immerse you into
STRENGTH, PEACE, GROWTH



Your guidance is my growing glory!
Teachers' Day



Haritha Haram



Diwali Celebration



Ganesh Chaturthi



Class Assembly

*'You have to be unique and different and
shine in your own way'*



CLASS - II B



I Love India. Vande Mataram!



Expressing Love and Gratitude



Happy Ganesh Chaturthi



Happy Diwali



Education is not preparation for life. Education is Life itself.

2C

CLASS ASSEMBLIES-
INSPIRING AND
ACTIVITY FILLED



Time is a Gift that most of us take it for granted

THE WIDER THE RANGE OF POSSIBILITIES WE OFFER CHILDREN, THE MORE INTENSE WILL BE THEIR MOTIVATIONS AND THE RICHER THEIR EXPERIENCES

Rocking performances



Compering, Scripture Reading, Impressions, Songs and Dances

Teachers' Day Celebrations



Leaders Installation Ceremony



Independence Day Celebration.



Hum Hindustani



CLASS 2 D

Enthusiastic leaders



Muti Talented Kids



Go Green



CLASS - II-E



Dream, Believe and Achieve



Saving Our Future



Proud to be an Indian



The Pillars of Tomorrow



Joyful Celebration



Teachers - Build Our Future

News Bytes- A Fortnightly School Magazine

Class: III

The magic in new beginnings is truly the most powerful. Let's never underestimate the power you have to take your life in a new direction. Let us leave the troubles of the past year behind and look forward to a year filled with love and best opportunities.

Haritha Haram Programme was initiated by Rev.Bro.Shajan Antony on 3rd July. Students took an oath and planted a sapling in their neighbourhood.

To draw out the innate talents of our students Literary and Cultural Competitions were conducted. Our students utilised their talents to bloom into beautiful flowers.

The Investiture Ceremony was held on 31st July, the Class Leaders and House Leaders were sworn in as leaders. It was a proud moment for them.

The Class Leaders displayed exemplary leadership qualities and made the Teachers' Day a truly memorable occasion for the teachers.

Children's Day was celebrated physically on 13th November with great enthusiasm. The students enjoyed the fantastic performance put up by the teachers.

Superannuation celebrations for our retired teachers took place on 10th December in the High School.

Christmas celebrations were held in the morning of 11th December. The children enjoyed the Nativity Play presented by the primary students. United Carol Singing Competition was hosted by our school in the evening in which many schools and colleges participated enthusiastically.

CLASS III-A

Make each day your masterpiece

Festivals

THE FESTIVAL
MAKES OUR
LIFE STUNNING
LIKE THE SUN
SHINING THE
SKY.



Competitions

It is the time to
move ahead and
bring the change

The more that you read,
the more things you will know.
The more that you learn,
the more places you'll go.



*He who plants a
tree plants HOPE*

**Haritha
Haram**



CLASS III-B

Learning is a treasure that will follow its owner everywhere.

Haritha Haram



**Nature always wears the
Colours of the spirit**

Festivals



Life is a Festival

Competitions



Competitions inspire us



CLASS III-C

A good education is a foundation for a better future

Haritha Haram



Get set ready, plant a sapling.

Festivals



Festival is a Blend of Colours



Competitions



Hall of Words



CLASS III-D

Education is the key to unlock the golden door of freedom

**Haritha
Haram**



Save Plants, Save Lives

Festivals



The greatness of a culture can be found in its festivals

Competitions



Work for Success

CLASS III-E

Do not give up the beginning is always the Hardest

Festivals



Festival is a time of happiness

Competition



Time to know your talents

Independence Day



Let Us Strive To
Make Our
Future Much
Better And
Prosperous

**Happy
Independence
Day!**



Haritha Haram



Love Nature, Admire Nature

CLASS - IV

Nostalgic Reminiscence Of The Year 2021

We look back at the year with PRIDE as we, the teachers, were steadfast in promoting the goals that were set at the beginning of this year, and our children are the better for it.

Let's recall some real highlights of this year of great resilience.

Virtual Orientation programmes for classes 1 to 4 were held to combat the novel experience of teaching and learning. We rose to the challenge and adapted new and creative approaches in our teaching, learning and assessment processes during the lockdown to meet the needs of the students.

Haritha Haram programme 'Green Drive' was initiated by Rev. Bro Shajan Antony on 3rd July. Students of classes 1 to 4 participated in this programme enthusiastically by making videos with the message on its importance.

The Virtual Inter class Literary and Cultural multifarious competitions were conducted from the month of July. Many students participated enthusiastically and won prizes for their exceptional performances.

The Investiture ceremony of the Primary Section was held on 31st July. Rev Bro Shajan Antony, our Principal administered the oath of office to the budding leaders.

Independence Day was celebrated with Patriotic fervour. Family Patriotic singing and Dialogue Delivery competitions were conducted for parents and students. Children made videos on different activities as part of the celebrations.

To spread awareness about the importance of physical activities and sports in life, virtual Sports Day was held on 29th August. Students from classes 1 to 4 participated enthusiastically.

Class assemblies were conducted everyday from 8:00 am to 8:15 am.

Class wise Teachers' Day celebrations took place on 6th September to express gratitude towards teachers.

Parents extended their support during the interactive sessions held from 13th to 21st September.

Various assessments were held online successfully from 24th September to 7th October.

We were able to complete the First Term successfully with the cooperation of all the teachers.

Welcoming the little buds to the school after a long gap was overwhelming. They began their first day with the morning prayer followed by various fun-filled activities and activity based learning.

To keep everyone updated with all the events happening in Little Flower School, Our Principal has taken a new initiative to launch LFHS Parent App and LFHS TV Channel on 13th November 2021.

Celebration of various festivals like Diwali, Rakshabandhan, Independence Day, Bathukamma, Muharram, Ganesh Chaturthi etc., bring students closer to each others' cultural beliefs and traditions. They learn to develop respect and understanding for each others' customs and traditions.

IV - A



Lead And Inspire People



You Don't Just Teach, You Inspire



Don't Let Our Future Dry Up



Christmas Is In The Air

Life Is A Festival,
Celebrate Every Bit Of It.

IV - B



Celebrate The Freedom



I Will Lead, Come Take my Hand



Festive Galore



Little Scientists



Clean And Green , Is Our Perfect Dream

IV - C

" You're amazing just the way you are "



A Great Teacher Teaches From The Heart



Each One , Plant One



The Greatness Of Culture Can Be Found In Its Festivals



A Spark Of Kindness Can Start A Fire Of Love.



Celebrating freedom

MY INDIA MY PRIDE

Satyamev Jayate



make a wish day

Christmas Celebrations

IV - D



Congratulations



Celebrating FREEDOM



Make A Wish



The Festival of Togetherness



Save Tree
Save Life



IV - E

" Strive for success "



Our Mascot



Freedom Reigns



Friends Of Nature



Let The Music Speak



Gift Of Happiness



Festives And Fun

News Bytes - A Fortnightly School Magazine



Class: V



Faith in the future gives us the hope to work for a better tomorrow. Though the pandemic exposed us to many changes, we at Little Flower High School tried to smoothen rough path by involving our students and parents in various activities of the school under the able guidance of Rev. Bro Shajan Antony, our principal.

The Orientation Programme for Classes V to IX held on 15th June, reminded the parents, students and teachers about the importance of academics and the code of conduct.

Haritha Haram Programme on July 13th and Eco- friendly Ganesh making activities on 31st August were small gestures by the students to protect and conserve the environment.

The academic year began on 21st June for the students. Yoga Day was observed on 21st June. The Literary and Cultural House Competitions held from 26th June give an opportunity to the students to tap their potential.

The 'Library Classroom' launched on 12th July opened the world of books for our students.

Various academic assessments were done from 26th July to 23rd December 2021 to upgrade the academic standards of our students.

Installation of leaders on 4th August, Freedom Quiz on 13th August, Independence Day Competitions for the parents and students, Independence Day celebrations on 15th August and Virtual National Sports Day on 29th August spread patriotic spirit and inspired our students to be great leaders.

The school cabinet presented an entertaining programme for the teachers on Teachers' Day.

Feast Day of St. Teresa of Child Jesus was celebrated on 1st October.

13th November was a remarkable day of the year. Along with Children's Day celebrations, LFHS Abids Parents Login App and LFHS News Channel were launched.

Our retired staff members were felicitated on 10th December with a memorable and nostalgic programme.

Christmas celebrations and Carol Singing Competitions were held on 11th December to herald the joy of the Christmas season.

Parent Teacher meetings on 14th August and 8th January gave a platform for conducive interaction with parents.

V - A



Santa - Plause



Felicitous moments with friends in group activity



Creativity to express Humanity



Grooming careers with health



Dress unique



Motivational speakers

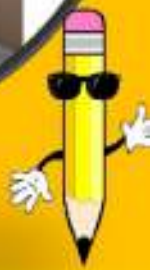


V-B

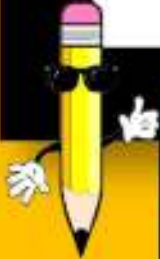


Our Creative Side

With our Dear Teachers



Festivals are Always Fun



We also participated in various Fun Activities



CLASS-VC

A CLASS WITH THE MOST COOL, CLEVER AND WONDERFUL STUDENTS CLASS V-C
IT'S CHRISTMAS TIME



Rangoli-Colours of Life



A Great Achievement in Learning



Intellect and Creativity



Haritha Haram-Planting Trees is to Plant Life



True Happiness in Sharing





CLASS V - D



**LEADERS
CLASS V-D**
Champion of St. Clare's

Happy Teachers' Day
Thanking their mentors.

COMPETITIONS
Big journey begins with small steps.
Competition is a good thing

HARIYATHA HARAH
Planting a tree.
Planting a life.

Christmas Celebrations
Be jolly & make good cheer for Christmas comes but once a year.

Happy New Year 2022

(Makara Sankranti) Kite Making
Soaring high just like the kites

Christmas Celebrations
Be jolly & make good cheer for Christmas comes but once a year.

CLASS-VE

Spreading Happiness Around



Christmas Time with Family



Creativity on Hands



Bag of Achievements



Haritha Haram Drive



A Trend Setter



Flying HIGH....



NEWS BYTES- A Fortnightly School Magazine

Class VI



Challenge! It's the only pathway that leads to change. Though the pandemic has created many challenges, various opportunities have also evolved to expand our limits. Let's recall some highlights of this year.

The academic year began on 21st June for the students.

The Orientation Programme for Classes V to IX held on 15th June, delivered accurate information on school's policies to the parents, students and teachers.

To drive the sense of environmental responsibility, Haritha Haram Programme on July 13th and Eco- friendly Ganesh making activities on 31st August were conducted.

Yoga Day was observed on 21st June. The Literary and Cultural House Competitions held from 26th June facilitated the holistic development of students.

"What a blessing it is to love books." The 'Library Classroom' launched on 12th July helped in learning and expansion of knowledge.

Various academic assessments were held from 26th July to 23rd December 2021 to improve students' performance in academics.

Installation of leaders on 4th August, Freedom Quiz on 13th August, Independence Day Competitions for the parents and students, Independence Day celebrations on 15th August and Virtual National Sports Day on 29th August spread patriotic spirit and inspired our students to be great leaders.

The school cabinet expressed their gratitude towards the teachers by hosting a programme on Teachers' Day.

To keep everyone updated with all the events happening in Little Flower School, Our Principal has taken a new initiative to launch the LFHS Parent App and LFHS TV Channel on 13th November 2021 followed by Children's Day celebrations.

Our retired staff members were felicitated on 10th December with a memorable and nostalgic programme.

A December to remember. Students of class 6 decorated their classrooms spreading love and harmony among them. Carol singing competition and Christmas celebrations were held on 11th December.

To share insights and information for the holistic development of the child, Parent Teacher meetings were conducted on 14th August and 8th January.

The pandemic can stop schools, but it cannot stop education

Keeping in view the rising COVID cases Little Flower High School has shifted from offline to online classes from 3rd January. A free COVID vaccination drive was held at Little Flower High School on 21 January for the students, parents and teachers was a grand success .

Republic day - an auspicious and prestigious occasion in the lives of every Indian was celebrated virtually on 26th January with great fervour as a tribute to the national heroes.

CLASS-6A

The Intellectuals



Makar Sankranti



Scintillating Performances



Merry Christmas



The Young Picassos



Class 6B



If we have to preserve culture we must continue to create it



FOCUS ON WHAT YOU CAN DO TODAY



Dreams don't work unless you take action. The surest way to make your dreams come true is to live them.

KEEP EDUCATING YOURSELF

CLASS VI C



**Don't Be Greedy
It's Time To Be
Greeny**



Orators



OUT OF THE BOX PERFORMERS



Happy Pongal



Festive Colours

CLASS VI D



Happy New Year



OVERALL DEVELOPMENT



Class room Activities



THINK OUT OF THE BOX



CLASS - 6E

TRADITIONAL RECIPES



Smile With All Your

Sometimes your joy is the source of your trouble. But sometimes your smile...



Frantic Artie

A good time to laugh is any time you can.



Hola Boffalo

We are all here for a good time and the good laughs you can.



Snigger-Snicker

If you cannot get laughed at, get the best to laugh at yourself.



Ludicrous Toons

From there to there, from here to there, funny things are everywhere.



Presence of Humour

Keep a sense of humour, because life is impossible.

Recipe: Wash your hands with soap and water for 20 seconds before you start. Then wash it with water and soap for 20 seconds. It is a very easy and fun to do. You can get the recipe from the book.

Recipe: Wash your hands with soap and water for 20 seconds before you start. Then wash it with water and soap for 20 seconds. It is a very easy and fun to do. You can get the recipe from the book.



HAPPY MAKAR SANKRATHI

ARTIST'S CORNER



Fun Facts

TOPIC: ANIMALS



A blue whale's heart can weigh upto 2000 pounds!



Cats can't taste anything that is sweet.



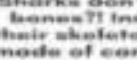
Did you know a grizzly bear can run as fast as a hare?



Owls can't move their eyeballs!



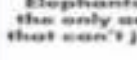
A pet hamster can run up to 8 miles a night on a wheel.



Did you know Sharks don't have bones? Instead their skeletons are made of cartilage.



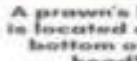
It's physically impossible for pigs to look up into the sky.



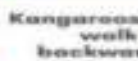
Did you know Elephants are the only animal that can't jump!



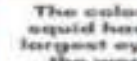
A crocodile cannot stick its tongue out!



A prawn's heart is located at the bottom of its head!



Kangaroos can't walk backwards.



The colossal squid has the largest eyes in the world.

**NEWS BYTES- A Fortnightly School Magazine
Class VII**

The pandemic has taught us that we can still make something beautiful and something powerful out of a really bad situation. In the midst of difficulties lie opportunities.

The management, staff ,parents and students of Little Flower High School created and embraced a new normal , as things did not go back to normal due to this pandemic.

We rejoiced to the glory of the nation as we celebrated our 73rd Republic Day virtually on 26th January 2022.

Birthday of Saint Louis Marie De Montfort patron saint of our institution was celebrated on 31st January 2022 virtually along with the Annual Day celebrations of Classes V and VI.

Hybrid classes for classes 8 , 9 and 10 were started from 1st February 2022.

Keeping in view the rising covid cases the management has decided to continue with online Classes for LKG to Class VII.

Fun Time

7A

Diwali Celebration

Achievers



CONGRATULATIONS AND ALL THE BEST
IN THE PAI IT OLYMPIAD 2022
THE FOLLOWING STUDENTS ARE SELECTED
FOR THE FINAL ROUND

Class	Students	Coaches
7	SHRITHIKA	SARDHANA
7	SHRITHIKA	AGARWAL
10	SHRITHIKA	KUDRAGHETTI
10	SHRITHIKA	NAR
7	SHRITHIKA	S.S.
7	SHRITHIKA	UPRETA
7	SHRITHIKA	GORALA

Our Young Artists



By Pravishtaa



By Shradha S



By Shrithika **The Infinity Mirror**



By Shrithika



By S'M Haseeb



By Ritsika



By Ritsika



By Syed Saad Hashmi

Our English Activity (The most fun time)



Art is the journey of a free soul

Green India Challenge



**C
L
A
S
S
7
B**



*Young achievers
Opportunities do not happen
you need to create them*

The future of the world is in my classroom



Time for inner peace, health and soul

Class- 7 C

GALLERY OF ARTS



GO GREEN



**A quitter never wins,
and a winner never
quits.**

FESTIVAL VIBES



CLASS – VII D



Creativity is intelligence having FUN!

CLASS - 7 E



RIDDLE TIME- FUN TIME
CAN YOU ANSWER THIS ?

You go at red,
but stop at green.

What am I?



★ DIY STICKERS ★

STEP 1- Draw some shapes on a paper and cut them.

STEP 2- Stick them on butter paper using transparent tape.

STEP 3- Cut out the shapes. Your stickers are **READY!!!!!!**



FESTIVALS

Festivals teach us to share joy with each other.

Festivals give us the reason to be happy and enjoy life.

ACHIEVEMENTS

SANI JAZMIN
ALL INDIA RANK 3 IN "TIME" NATIONAL LEVEL SCHOLARSHIP EXAM CONDUCTED BY TIME

SONI

ACHIEVEMENTS

JAYASHINI
1st prize in MONTESSORI language poster making.

Harini

FUN FACTS ABOUT HUMAN BODY

THE AVERAGE HUMAN HEAD WEIGHS ABOUT 10 POUNDS

WE BREATHE ABOUT 24,000 GULLONS OF WATER IN A LIFETIME

WE CONSUME ABOUT 7000 TIMES OUR OWN WEIGHT IN FOOD OVER A LIFETIME

OUR HEART BEATS AROUND 100,000 TIMES EVERY DAY OR ABOUT 36 MILLION TIMES IN A YEAR

The human body has 230 movable and semi-movable joints

ART GALLERY

Prajwal aadya

M. Rithvik

Mandala art by jaithra

PRACTICE AND PATIENCE
will lead you to success

Art is a place for children to trust their ideas and explore what is possible



Answer for riddle: Watermelo

"It makes a big difference in our lives when we stay positive"

News Bytes 16th Feb 2022-28th Feb 2022.

- ❖ Our School management, staff, parents and students chose to stay positive even during this worrisome pandemic.
- ❖ Parents of class X had a one to one meeting with the Principal to discuss the performance of the students.
- ❖ Unit Tests were conducted for students of classes LKG to VIII.
- ❖ **Formative Assessment III was conducted for Class X and Summative Assessment II was conducted for Class IX.**
- ❖ Students of Little Flower High School took part in PAI IT Olympiad 2021-2022.
- ❖ Teachers of the High School and Primary attended a workshop on Apple IPAD on 17th February 2022.
- ❖ Students of Class III and IV participated in Fashionista which was held on 17th February 2022.
- ❖ **Staff meeting was held on 19th February 2022.**
- ❖ Primary Sports Events were conducted Offline for Class I in 50mts Running Race and 25mts Hurdles on 22nd February 2022.
- ❖ Teachers attended a webinar on Cyber Awareness on 26th February 2022.
- ❖ Mr. Shivan our supporting staff member, was felicitated on 28th of February 2022.

'Appreciative - VIII A'

When it gets greener it becomes cleaner.

2



Difficult things are made easy in our class with hardwork and practice .

Mercury is waiting to be reached.



Visit to Bharat Dynamics Limited



Science may set limits to knowledge but there are no limits to imagination.

In the mind of every artist there is a masterpiece.



The determination to win is the best part of winning.



ADVANCED

AMBITIOUS

ACCURATE

ARTISTIC
AMAZING
ADEPT
ACTIVE

ASTOUNDING
ACHIEVERS

BRILLIANT

BRAVE

BOLD

BLAZING PERFORMERS

VIII B

BLISSFUL ART!

3



BLESSED ARTISTS

BRILLIANT MINDS



BEWITCHING ADVENTURERS



Together, we are 88

BEAUTIFUL

BLISSFUL

BLESSED

COURAGEOUS

CONFIDENT

4

CHEERFUL - VIII C

SOCIAL STUDIES EXHIBITION.



CREATIVE



CAPABLE ACHIEVERS



Celebrations



COURTEOUS

COMPOSED

CALM

CORDIAL

CLEVER

CHARMING

COOL

CARING



DASHING VITTD 5

D
R
E
A
M
E
R
S

D
I
G
N
I
F
I
E
D



Tour to space

TRIP TO BHARAT DYNAMICS LIMITED

D
A
N
C
E
R
S

D
I
V
E
R
S
E



DANCERS OF OUR CLASS



MUSICIANS



D
E
L
I
G
H
T
E

D
E
S
I
G
N
E
R
S

SHOOTING FEVER

ARTISTIC BRAIN



DISCOVER | DISCIPLINE | DIAMONDS

"ENTHUSIASTIC VII - E"

6



EXPRESSIVE



EXCEL



EVOLVE



ENGROSSED



ENGAGING



ENLIGHTENED



ENTERPRISING



ENRICHED



EXTRAORDINARY



EXPERIMENT



ENTHRALLING



EXCEPTIONAL

☆ ☆ **EMPATHETIC** ☆ ☆ **EVOLVING** ☆ ☆

EAGER
EARNEST
EFFECTIVE
ELEGANT
ELOQUENT
ENERGIZED

EAGER
EARNEST
EFFECTIVE
ELEGANT
ELOQUENT
ENERGIZED

NEWS COLUMN

AROUND THE WORLD

1st NOV- British PM Boris Johnson opened the Global Climate Summit- COP26 at Glasgow, Scotland.



10 NOV- The Poland-Belarus migrant border crisis worsened as Polish Border Security Police turned hostile towards defenceless migrants trying to enter the EU from Belarus.



18th NOV- Canada's British Columbia grapples with devastating floods, 18,000 affected.

~MD. ABDULLAH AHMED

SCHOOL NEWS



Maiden class assembly was conducted by class X-A. The other sections of class X followed by class IX continued to project the themes associated with the Theme of the Year was well presented by the students.



On 13th Nov-Children's Day was celebrated with Mr Jayesh Ranjan, IAS as the Chief Guest. -The teachers at LFHS left no stone unturned to make students happy on the Children's Day -A milestone in LFHS history, Little Flower Parents Login App & LFHS News Channel were launched by Mr. Jayesh Ranjan.

On 6th Nov- English Extempore competition was held for Seniors and Pre-Seniors. Enthusiastic participation was seen.



The Queen's English On 11th Nov-LFHS in collaboration with Queen's English London-based firm decided to assess the students on their Spoken English Skills through an online test.

~MD. ABDULLAH AHMED

AZADI KA AMRIT MAHOTSAV



To commemorate the 75th Anniversary of India's Independence, NCC will conduct "Vijay Shrankala" mega event as part of "Azadi Ka Amrit Mahotsav" from 28 Nov 2021 to 19 Dec 2021. The aim of the event is to pay homage to 75 martyrs of 1971 war at 75 locations across the country to promote unity in diversity.

WORLD VEGAN DAY

Little Flower High School celebrates the international Vegan day by presenting a video on the theme, 'World Vegan Day'. Through this video presentation, which was posted on our YouTube channel on 1st November, we show our appreciation and support to veganism.



NATIONAL JOURNALISM DAY



Little Flower High School celebrates the National Journalism day by presenting a video on the theme, 'National Journalism Day'. Through this video presentation, which was posted on our YouTube channel on 17th November, we show our support to the journalists who work for the people.

INTER-HOUSE CRICKET MATCHES

The school conducted Inter-House Cricket matches for senior girls and boys. Aeronauts emerged as winners in the Boy's category and Astronauts emerged winners in the Girl's category.



IT TAKES 68 DAYS TO SWIM THE FULL LENGTH OF THE MISSISSIPPI RIVER

ACROSS THE NATION

India occupies top spot globally in emissions related to crop burning



Congress to give 40% of tickets to women in Uttar Pradesh assembly polls

Petrol taxes are funding vaccines, welfare, says Union Minister Hardeep Puri



Narendra Modi discusses bilateral ties with Italian PM Mario Draghi

~AMEEN SADIQ

Bats are the only mammals that can actually fly.

ARTISTS' GALAXY



~CLAY MODELLING BY KUNAL KISHORE MATHUR



~POT PAINTING BY ASIFA MUSKAAN



~PAINTING BY ASIFA MUSKAAN

ART IS A LIE THAT MAKES US REALIZE THE TRUTH.

OUR STAR PUPILS



On 16th Nov- Little Flower High School students performed extremely well in the Literary Competitions conducted by Ministry of Culture & Tourism at Salarjung Museum and bagged seven prizes. An extremely enriching experience in the month was experienced by the Little Flower family.



Our Quiz Wizard

INTER-HOUSE DRAMATICS COMPETITION



An Inter-house Dramatics Competition was conducted and the students exhibited their inherent talents and enthralled the audience with their spell bound performance. Cosmonauts bagged the first prize in the competition

World of Science (Science News)

Number Maze

Scientists have built a plant that can produce carbon-neutral liquid fuels from sunlight and air. The next goal will be to take this technology to industrial scale and Making Aircraft Fuel from Sunlight and Air



Researchers discovered precisely how spiders build web by using night vision and artificial intelligence to track and record every movement of all eight legs as Spiders' Web Secrets Unraveled



A new study strengthens the case that climate change has been the main cause of the growing amount of land in the western U.S. destroyed by large wildfires. And researchers - Increasingly Frequent Wildfires Linked to Human-Caused Climate Change



Research has revealed a correlation between being particularly proficient in tool use and having good syntactic ability. A new study has now shown that both skills rely on Using Mechanical Tools Improves Our Language Skills, Study Finds



1	50	3	22	90	51	83	13	40	47
34	2	41	4	48	54	12	14	15	33
21	31	5	23	21	10	11	16	35	72
24	37	36	6	42	9	25	17	18	19
39	49	26	44	7	8	30	28	29	20

20	67	82	06	8	7	44	26	49	63
19	18	11	25	6	42	9	36	37	42
72	35	16	11	10	27	23	5	31	12
33	15	14	12	54	48	4	41	2	34
47	40	13	83	51	90	22	3	50	1

Birthdays of the month

Young Chefs- Recipes



Abeda,
5th December
Kshitiz,
9th December
MD. Danish,
9th December

Udit Narayan	Sidharth Shukla	Rajinikanth
Dec 1	Dec 12	Dec 12

Recipe

Russian salad

Ingredients :-

- Boiled and cubed vegetables (carrots,potatos,beans-1 cup)
- Chopped vegetables (green , red , yellow capsicums ,cucumber , onions) - 1/2 cup, Mayo - 4 table spoon, Cream - 2 table spoon
- Salt and pepper - to taste
- Mixed herbs

Method:

- # take a bowl , add all the vegies
- # Add mayo , cream , salt & pepper and mixed herbs in it , mix well
- # serve chilled !

Step 1: Apply fabric Creations Push to the sweat-shirt. Plush from Fabric creations creates raised, flock like effects on fabric-adding dimensions to fabric,decor and more. It's machine-washable after curing and heat-setting, water-based and non-toxic. I used a stencil to keep the "sprinkles" consisted, but it could also be done freehand if you like more irregular shapes.Use a good thick layer so the plush effect is really noticeable when heat it later on.

Step 2: Let the seater fry overnight.

Step 3: Carefully apply heat of the lush paint. I used a heat tool,but you can also use an iron. If you use a heat tool, hold it a good distance from the sweatshirt so you don't burn it. It can take a little time for it to expand, but it will happen! If you use an iron, follow the instructions on the Fabric Creations Plus bottle



**DIY
Tips
on
Arts
and
Crafts**

QUIZATHON

1. Who is the founder of Apple?
2. The 'USS Enterprise' is a space craft in which science fiction TV series
3. Which country owns domain .mm?
4. Where was the recent cop 26 summit held?
5. Who runs 'Blue Origin'?

1Ans: Steve Jobs

2Ans: Star Jack

3Ans: Myanmar

4Ans: Glasgow

5Ans: Jeff Bezos

Mustafa Ahmed

MY FAVOURITE BOOK

"A BOOK IS A DREAM THAT YOU HOLD IN YOUR HAND."
NEIL GAIMAN

A favourite book depends not only on the writer who writes about his/her thoughts as a beautiful story but also how the writer's thoughts impact the minds of the readers. I love to read fiction books. One of the recent books which has left a memorable mark in my mind is the book which was written by Anish Tripathi. It describes the friendship between the Prime minister of Mithila and her friend who saved her life in the slums when she was just eight years old. It is none other than "SITA WARRIOR OF MITHILA."

It is a story about a baby girl who was abandoned by her parents and was found in a field. She was adopted by the king and queen of Mithila. One thing that they didn't know was that the little baby was a goddess. She was going to be the future protector of the people and a defender of righteousness. This book is my favourite because it gives the message of friendship and commitment to one's goal in life. Whatever the situation maybe we should not lose faith and courage in ourselves and always have a positive attitude in life. We should move forward with determination to achieve our goals.

TEJASVI

SPACE NEWS

WISDOM OF WISDOM

"When you look at the stars and the galaxy, you feel that you are not just from any particular place on land, but from the solar system." Brightly stated by Stephen Hawking. "Space is not just the blue-black sky we watch everyday day and night, it's beyond our imagination, full of mysteries that remain hidden even today. It's also beautiful, mesmerizing, it's inspiring and words aren't enough to describe it. We all know that scientists work their hard head and are still working with all they have, the technical knowledge to find and make revelations of the space. Now, I'm going to mention a few of them."

• Astronomers spot a small black hole beyond the Milky Way in record time discovery.
• The astronomers made the discovery using the European Southern Observatory's Very Large Telescope (VLT). The researchers found the VLT's eyes upon NGC 3395, a cluster located in the neighbouring Large Magellanic Cloud about 240,000 light years away from Earth. The researchers observed the stars around to find any signs of a ghostly black hole. They found subtle signs in one star's motion. The subtle sign of the black hole that star was orbiting. Several black holes with around 10 times the mass of the sun.
• The world's top super stars but enough signs to search 1 billion people for 100,000 years.
• In October, the Australian Space Agency and NASA signed a deal to send an Australian-made rover to the moon under the Artemis program, with a goal to collect lunar rocks that could ultimately provide breathable oxygen on the moon. It just isn't a general term, instead, it's trapped inside regolith—the layer of rock and fine dust that covers the moon's surface. If we could extract oxygen from regolith, there is a chance for human survival on the moon.

SHASHANK

GREEN PLANET (ENVIRONMENT ISSUES)

Just Go Green, Keep The Planet Clean

Environmental issues are defined as harmful effects to Earth and its natural systems due to the actions of humans. Although climate change can also occur from natural causes, human behavior has led to an increase in greenhouse emissions. While climate change is discussed frequently now, it all started during the Industrial Revolution.

After nearly two decades of recording data, NASA has confirmed what it began to suspect in the 00's; the world really is becoming a greener place and two unlikely countries are leading the charge - India and China.

For nearly 20 years NASA has been monitoring the Earth's foliage using two satellites.

Overall, the planet is 5% greener than it was in the early 2000s. They've concluded that humans are behind a large part of this trend. They also discovered something that surprised them; India and China accounted for nearly one-third of the Earth's green.

G ISHAAN

STUDY TIPS

"The capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice."

— Brian Herbert. Studies are very important if you want to gain knowledge, learn new things and score good marks. We all know the importance of studies, but sometimes we may fail to put effective study methods into practice. So, here are some effective study tips which will help you to study smarter.

- 1) Study at the same place and at the same time every day. This will help you to concentrate better.
 - 2) Taking frequent breaks will help your brain to absorb information for more period of time.
 - 3) Stay away from all kinds of distractions. Make sure you study in a peaceful environment.
 - 4) Use flashcards instead of just reading your notes. This will force your brain to learn the topic, so that it can recall the answer to that question.
 - 5) Answer the toughest queries after learning it.
 - 6) Test yourself with previous questions.
 - 7) Select a study method that works for you. The same of the one-to-one green study methods.
- Look after yourself. Get enough sleep, exercise daily and eat healthy food. These will help you stay focused and energetic.

HASINI

**STUDENT EDITOR:
ZEESHAN**

CLASS X-D & X-E

SPORTS NEWS



The International Olympic Committee (IOC) has announced that the Tokyo 2020 Olympic Games will be held in a bubble in Tokyo, Japan, in 2021. The IOC has decided to postpone the Tokyo 2020 Olympic Games to 2021 due to the COVID-19 pandemic. The Games will be held from July 23 to August 8, 2021. The IOC has also announced that the Tokyo 2020 Olympic Games will be held in a bubble in Tokyo, Japan, in 2021. The bubble will be a secure area where athletes and officials will live and compete. The bubble will be located in the Tokyo Sports Complex, which is a new sports complex in Tokyo, Japan. The bubble will be a secure area where athletes and officials will live and compete. The bubble will be located in the Tokyo Sports Complex, which is a new sports complex in Tokyo, Japan.

The Government of India has announced that it will provide financial assistance to the athletes of the Tokyo 2020 Olympic Games. The Government of India has announced that it will provide financial assistance to the athletes of the Tokyo 2020 Olympic Games. The Government of India has announced that it will provide financial assistance to the athletes of the Tokyo 2020 Olympic Games. The Government of India has announced that it will provide financial assistance to the athletes of the Tokyo 2020 Olympic Games.

-Anna Joseph

A TRIP TO GOA!



Goa is a beautiful state in India, known for its beaches, mountains, and vibrant culture. It is a popular tourist destination for people from all over the world. Goa is a beautiful state in India, known for its beaches, mountains, and vibrant culture. It is a popular tourist destination for people from all over the world. Goa is a beautiful state in India, known for its beaches, mountains, and vibrant culture. It is a popular tourist destination for people from all over the world.

-PRATISHTA

MUSIC HELP US HEAL



Music has the ability to heal the soul and bring joy to the heart. It is a powerful tool that can help us overcome our fears and insecurities. Music has the ability to heal the soul and bring joy to the heart. It is a powerful tool that can help us overcome our fears and insecurities. Music has the ability to heal the soul and bring joy to the heart. It is a powerful tool that can help us overcome our fears and insecurities.

-LAHARI

SUDOKU

4	6	5	2	8	9
			4		3
					5
6	8			1	
5		7			8
3	2	9	4		6
	2	6			1
			5	3	9
8	3		9		2



-LAKSHMI CHAITRA

YOGA

Yoga is a combination of spiritual, physical, and mental practices. It is a holistic approach to health and well-being. Yoga is a combination of spiritual, physical, and mental practices. It is a holistic approach to health and well-being. Yoga is a combination of spiritual, physical, and mental practices. It is a holistic approach to health and well-being.

-SUMUKHI

CLASS ASSEMBLY



With Contributions from: Anna Joseph, Pratishtha, Lahari, Sumukhi, and Lakshmi Chaitra
 Edited by: Rounak Agarwal, Pushkar Rathi and V.Ashish

News Column

Around the World

Omicron was first detected in South Africa on November 24.

Since then, the variant has affected people in more than 100 countries. In India, the Omicron tally has crossed 200-mark, with Delhi and Maharashtra being the largest contributors.

-Ekta Rupani



Across the nation

23 December 2021 : Srinagar church opens after 30 years. Members of the Christian community sing



hymns and offer special papers inside the 125 year old St. Lukes Church. It is one of the oldest churches in the valley and was closed after the eruption of militancy in Kashmir in the 1990's.

-Kanak Agarwal

Innovative Masterpieces



Our Star Achievers

Master V. Shriyan Vardhan, Class VIII secured First place in KATA event in the 12th National Open to All Style Karate and Kung-Fu championship – 2021. • Master Sudeep, Class VII was declared First Runner up in the Aeroskate Competition held at Jain International School. • Artist Ms. Shriya Kolpuru was felicitated on her art illustrations for the recently released novel - Millizamo the Pencil Thin Thief.

-Ekta Rupani

Mathematics Day

Little Flower High School celebrated National Mathematics day with great zeal and enthusiasm on December 22nd [Wednesday]. We conducted a few competitions on this day which included poster making on one famous mathematician along with a quiz. Mathematics day is celebrated annually to mark the birth anniversary of legendary Indian mathematician, Srinivasa Ramanujan and his contributions to the field of mathematics.

-Nitesh Choudhary



School News



Annual Day celebrations were held on 4th and 5th December by Classes 10th and 9th respectively in the High School, with an impressive array of performances by the students.

We were honoured to have with us Ms. Aruna Bahuguna, I.P.S (Retd) as the Chief Guest for Class 10 Annual Day celebrations. We were privileged to have with us Dr. V. Anitha, Dean of P.G Studies, Agricultural University, who graced the occasion as Chief Guest. The programmes were planned, organized and executed by the students.



The students of classes 9 and 10 were privileged to pay a visit to Bharat Dynamics limited [BDL].

Ms. Ann Oommen, Ms. Sandhya Ramesh, Ms. Pramila Nagaraj, Ms. Mary Ann Joseph, Ms. Nirmala, Ms. Bhargavi, Mr. JayaPrakash, Ms. Anu Joseph and Ms. S. Vijaya Lakshmi



were felicitated by the management, staff and students of Little Flower High School on the occasion of their Superannuation. The Little Flower Old Students Association and alumni of the institution also felicitated the teachers with a shawl, memento and bouquet.

-Veer Bhaskar

The United Carol Singing Competition for schools and colleges was hosted by Little Flower High School, Abids, Hyderabad on 11th December 2021.



The Chief Guest for the occasion was Rev. Msgr. Y. Bala Showry Reddy, Vicar General, Arch Diocese of Hyderabad.



IX- B

Science News



New research by N. Truong and J. I. Lunine has posited an abiotic means that Venus might supply its atmosphere with this chemical: In short, volcanic outgassing. The original phosphorus-bearing compounds, they hypothesise, could be formed deep within Venus' mantle. These compounds, thrown into the atmosphere, would react with the sulphuric acid present resulting in phosphines.

PHOSPHINE IN VENUS ?



It's been roughly 80 years since the Xerces blue butterfly was last spotted flitting about on pastel wings across coastal California sand dunes. But scientists are still learning about the insect. New research on DNA from a nearly century-old museum specimen shows that the butterfly was a distinct species. That finding means that the Xerces blue butterfly is the first U.S. insect species that scientists recognized went extinct because of humans, researchers report July 21 in Biology Letters. There are insects that went extinct earlier, like the Rocky Mountain locust (*Melanoplus spretus*), that scientists have strong suspicions that humans were to blame for the extinction.

INSECT EXTINCTION

SOLVE THIS PUZZLE

$$2 + 10 = 24$$

$$3 + 6 = 27$$

$$7 + 2 = 63$$

$$5 + 3 = ??$$

FUN DIY



Steps:

1. Take a used empty glass bottle.
2. Fill it with water.
3. Add any colour you would like.
4. Put some artificial flowers in the bottle.
5. Ready to be placed like a show piece.

INGREDIENTS :

1. 300g Boneless Chicken
2. 1tbsp black pepper
3. 1 lemon
4. 10 lasagna sheets
5. Mozzarella cheese
6. 2tsp paprika powder
7. 2 cups parsley leaves
8. Salt to taste

PROCEDURE :

1. Wash the chicken and add pepper, lime juice, salt and Paprika powder and mix it well and let it marinate for 2hrs.
2. Later add olive oil into a pan and saute the marinated Chicken pieces on medium flame.
3. Preheat the oven to 170C and grease a 9 by 13 inch Baking dish with butter.
4. Place a layer of cooked lasagna sheet in one layer.
5. Add some tomato pasta sauce, shred mozzarella cheese, layer the chicken pieces and again shred mozzarella cheese on top of it.
6. Then sprinkle some finely chopped parsley on top.
7. Bake the lasagna pasta in preheated oven for about 7-12 mins until it melts.
8. Finally, let the lasagna rest for about 10 mins then scatter some more cheese and leaves on top and cut it in square slices.
9. Your Chicken Lasagna is ready to serve.

Chicken Lasagna

FAMOUS BIRTHDAYS IN DECEMBER



Walt Disney
5th December 1901



Jane Austen
16th December 1775



Louis Pasteur
27th December 1822

QUIZATHON



- 1.WHO IS THE CHIEF JUSTICE OF INDIA ?
2. ENTOMOLOGY IS THE SCIENCE STUDY OF ?
3. GARAMPANI SANCTUARY LOCATED AT ?
- 4.WHO IS THE GOVERNOR OF ANDHRA PRADESH?

XXXXXXXXXXXXXXXXXXXX
XXXXXXXXXXXXX
XXXXXXXXXXXXXXXXXXXX
XXXXXXXXXXXXX
XXXXXXXXXXXXXXXXXXXX
XXXXXXXXXXXXX

-V.AASHRITH SREE VATSAL

Space news:

- **JAMES WEBB TELESCOPE** LAUNCHED ON 22ND DECEMBER, 2021 ON THE ESA'S **AURORA 2 PROJECT** TO EXPLORE THE MYSTERIES OF THE UNIVERSE. IT WILL TRY TO FIND LIFE ON OTHER PLANETS AND LOOK INTO THE PAST AND THE CREATION OF OUR UNIVERSE.
- **SPACEX'S CRS-24 SUPPLY MISSION TO THE ISS** LAUNCHED ON **10TH OF DECEMBER**. THIS MISSION WAS LAUNCHED ON THE **FALCON 9 DRAGON** IN THE CARDO DRAGON CAPSULE. **SPACEX CRS-24 CARRIES OVER 2,909 KG (6,590 LB) OF SUPPLY** INCLUDING **PROCESSED MEATS, SUPPLIES, NEWSPAPERS, AND CHRISTMAS PRESENTS TO THE ISS AND THE CREW OF EXPEDITION 66.**
- **A FEW DAYS AGO NASA SPACECRAFT, PARKER PROBE** MADE HISTORY! THE NATIONAL AERONAUTICS AND SPACE ADMINISTRATION (NASA)'S **PARKER SOLAR PROBE TOUCHED THE SUN**. THE **PARKER PROBE ENTERED THE SUN'S UPPER ATMOSPHERE KNOWN AS THE CORONA** WHERE THE **TEMPERATURE INTENSITY IS UP TO 2 MILLION DEGREES CELSIUS**. THIS IS THE FIRST TIME THAT A **SPACECRAFT HAS REACHED THIS CLOSE TO THE SUN.** PARKER PROBE IS UNCOVERING SCIENTIFIC BREAKTHROUGHS THAT OTHER SPACECRAFT COULDN'T OBSERVE BECAUSE THEY WERE TOO FAR AWAY FROM THE SUN AND COULD NOT GO ANY CLOSER. PARKER PROBE SURVIVES, THANKS TO THE AMAZING TECH THAT WENT INTO IT.

Book Suggestion From Bookworm

"No mourners, no funerals, among them, it passed for 'good luck.'"

Being books like *Tree of Bark*, *Divergent*, *A Good Girl's Guide to Murder*, and so on, why does this book stand out?

Six of Crows is an intriguing book about a criminal mastermind Kaz Brekker and his crew of five rogues trying to pull off an impossible heist. There is Kaz, known as 'Glimpser' is the leader (the plan of heist), who is part of the crew. His clever view of things shocks the readers at every turn. Then there is Daej, the wealth, whose ability to move seamlessly across her crime. Jeager, a sharpshooter with a twisted gothic past and Fylan, the bookworm. Finally, Rina, a feisty heartbreaker and Matthias, the outsider with insider knowledge. Together, they are going to a suicide mission, and together they are dangerous enough to save a chance.

So, why should you read this book?

Six of Crows isn't like your average romance novel or superhero novel with heroes trying to do what is right and villains spoiling the world. It is about six people who want something and are ready to break into an impenetrable vault to get it.

Everyone here has flaws and talents. The risks are high which is what makes the book one of a kind. The book has plot twists at every page which makes the readers not want to stop reading.

I picked up this book after it was suggested to me multiple times and read it all in one go. This book changed my perspective of life and taught me valuable lessons. I love this book with all my heart. As a avid reader, I suggest it to everyone out there because *Six of Crows* by Leigh Bardugo is something unique.

And remember, there's the good way, the bad way, and the fat way.

vidisa Pal,
II C, 22,
A Bookworm.

STUDY TIPS

"Tell me and I forget, teach me and I may remember, involve me and I learn." - Benjamin Franklin. Study skills can increase your confidence, competence, and self-esteem. So here are a few study tips which will help you to study smarter, not harder:

1. Take 10 minute breaks after every 1 hour.
2. Make mindmaps instead of just reading notes. This helps you to understand and learn the important points quickly and saves you time.
3. Avoid all the distractions/disturbances to concentrate on you WORK
4. Revise and Review. Once a week you should go back over the things you've studied in class.
5. Mistakes are okay as long as you learn from them. It's crucial to test your memory but it doesn't really matter if you are correct or wrong.
6. Memorize concepts with real life examples.
7. Make a timetable beforehand on what you want to study and stick to it.
8. Become a teacher. Try to explain the material in your own words to your friend or parent.

SREEKAR

GREEN PLANET (Environmental Issues)

The good or bad quality of our life is depending on the quality of our natural environment. Human society is playing a vital role in degenerating the natural environment which is affecting badly the lives on this planet. There are many harmful effects of human activities on the environment. Some of these are pollution, over-population, waste disposal, climate change, global warming, and the greenhouse effect, etc. The big reason that poses a serious threat to our environment is the harmful gases in the air. Due to all the above human activities, our planet has reached unsustainable levels. Therefore, it is our duty and responsibility to lower the loss. Every individual can play a significant role in this solution.

For example, we should take a pledge to say 'No' to plastic. Instead of it, we may make use of eco-friendly substitutes like paper and cloth bags.

The government of every country must implement strict laws for industries, those are releasing the toxic wastes for proper waste management. The awareness programs should be organized to encourage citizens to use public transport as much as possible.

Also, everyone must do plantation of trees. The less use of private vehicles will reduce the emission of harmful gases as well will save fuel resources.

Eyed Munasar Hussain

EDITORS
T.SHRIYANK,AASHRITH,VIDISA

CLASS IX D & E

SPORTS NEWS



1.) At the recently held world championships, Kidambi Srikanth fell short for India's first gold medal at the world championships. He is the first male Indian to reach the finals of the prestigious event but lost it to Lee Kuan year of Singapore. Along with him, Lakshya Sen backed the bronze after losing to his co-tenmate Kidambi Srikanth in the semi-final.

2.) The vivo pro kabaddi league started with a bang on 22nd December, 2021. A total of 12 teams participate in this mega event. The opening match was played between Bengaluru bulls and U Mumba with U Mumba winning match by a margin of 16 points.



3.) India and South Africa are set to face each other in an upcoming test series. India's tour of South Africa 2021-22 will witness a three-match test series at the start. The India vs South Africa 1st test will commence on December 26. The match is scheduled to be played at super sport park in coxstun, Virat Kohli is set to lead the side and KL Rahul as the vice captain as Rohit Sharma misses the test series versus south Africa.

ARYAN-IX E

WORD GAME-TANISH-IX D

S W J S D R B M D U G G M D
A E R O L A E H L R G A E L
N N G A S R L T O R U G S E
N A G M S T R L L L P D Q B
A D E E U M L E R A P B U I
O N S A O D D U E V A F A E B
R U E N L L A G L R Z G L I
E M E D A R A P U S S S L P
C L A E E M E A P Q O R S V
G A A R Z M R N R E S A U D
A Q E U I A A T M F R V O R
W U L B U A A L P W A F T
S V U L N E R A A B L E U N E
S L P E G R E C I O U S C N

SAPPHIRE
SANGERS
HEAVEN
FALLEN
UNDEVELOPED
HUNTING
DEAD END
MATT
DARK
SQUALL
WILSON
BIRCHWOOD



MY FAVOURITE MUSICIAN

Ludwig van Beethoven



There are many musicians. But there is one man who is considered the foremost of them. He is Ludwig van Beethoven. He is my favourite musician. Among his works, I like the Moonlight Sonata No. 3 the most. His most famous composition can be argued to be The Fifth Symphony, which was first performed on 22nd December 1808 in Theater an der Wien, Vienna. His other compositions include Turkish March, Für Elise, Fidelio, Missa Solemnis, Ode to Joy, etc. Beethoven's genres include songs, bagatelles, overtures, dances, opera, incidental music, and marches which show his diversity as a composer. Beethoven died on 26th March 1827 in Vienna. Though he is not there with us today, we see him in his infamous songs.

HARSHITH-DXE

HEALTH TIPS- NEHA REDDY-IX D

- Don't take your medicines with cold water.
- Don't eat heavy meals at late 5pm.
- Drink more water in morning, lots at night.
- Don't sleep from 10pm to 4am.
- Don't lie down immediately after taking meal.
- Answer phone calls from Left ear.
- When phone's battery is low to last bar, don't answer the call because the radiation is 1000 times stronger.



HEALTH TIPS FOR CHILDREN

Nutrition	Activities	Lifestyle
<p>FRUITS & VEGETABLE</p>	<p>SPORTS</p>	<p>VITAMINS</p>
<p>MORE WATER</p>	<p>OUTDOOR ACTIVITIES</p>	<p>RELAXATION</p>
<p>SAY NO TO JUNK FOOD</p>	<p>EXERCISE REGULARLY</p>	<p>PERSONAL HYGIENE</p>

MY FAVOURITE TOURIST DESTINATION



I got bored of class IX D so I decided to go on a vacation with my best friends to Kerala. We had planned for a short vacation and we headed for flight catching in Bangalore to Bangalore. From there we went 3 hours to Bangalore. It was a refreshing and soothing weather destination for us to with the ability and water resources. Kerala is a beautiful gift of nature with magnificent mountains and dense forest. The mesmerizing greenery, beauty and the beautiful winding hill roads are what were breathtaking. It was from a bird's eye view in a cable car. The spectacular view of mist-covered hill tops was what I enjoyed most. We had a great time at a river rafting adventure in Kerala. A trip to Durgam Cheruvu was really enjoyable. Hearing Zero Point, the last airport of Kerala, is an adventure in itself. Snow-capped mountains being kissed by floating clouds and helicopters hovering over the picturesque landscape, increased our excitement to reach Zero. We were awestruck seeing all the greenery produced in one way. We also visited Bangalore and the Sunday was a great chance. The almost 400 years of historical gateway is lined with tall, elegant trees and the views are actually magnificent. We got the view and the city parks. We had a bunch of people in the landscape. We got an opportunity to have the... (text is partially obscured)

SOHINI-IX D



CLASS ARTISTS OF IX-E



MY FAVOURITE SINGER

Arijit Singh



Music truly makes my day better. It makes me calm and focused. I hear music while working, studying, sleeping and many other times. Hearing music and humming those songs at different times of the day just makes me feel happy and joyful. I love the work of many artists in this field but when it comes to my favourite singer, it has to be Arijit Singh. He has sung songs of different genres and I listen them in my different moods. He never fails to amaze me with each new song. I have been hearing his songs for more than 1 year. I have always been longing to attend his concert at least once.

K.NETRA-IX E

News Buzz CLASS-8

A Monthly magazine beyond the classroom

SCHOOL NEWS

CLASS VIII A

NEWS COLUMN

WORLDWIDE

World's Hottest Desert Turns Into Winter Wonderland After Receiving Rare Snowfall.



Snowfall recently occurred in Sahara Desert in Northern Africa, which is the largest desert in the world. Temperatures dropped below freezing due to which snow settled on the sand.

-Snehith Reddy

ACROSS THE NATION

On 23rd January 2022 Prime Minister Narendra Modi unveiled a hologram statue of Netaji Subash Chandra Bose at India Gate in New Delhi as a tribute to the late freedom fighter on his 125th anniversary.



-Syeda Maryam Zehra

"ONLINE or OFFLINE - Little Flower High School's beacon will always shine".

- Parent Teacher Meeting was held in school for classes V-X. Parents had a pleasant interaction with the teachers.
- The members of Social Eco Wellness club conducted a 'Best out of Waste' exhibition on 8th January 2021. The main aim of the exhibition was making people aware of the significance of recycling different products.
- A free COVID Vaccination camp was held at Little Flower High School on 21st January for the students, parents and teachers sponsored by Vardhaman Kitchen World.



- 73rd Republic Day was celebrated virtually with great zeal and patriotic fervour.



ARTISTS CORNER



OUR STAR ACHIEVER

The Management and Staff of
Little Flower High School, Abadi

Congratulations

Master BVAS Kaustubh

Awarded by the First Runner Up in the 10th National Level
Quiz Competition, 2021-22

On January 4 every year, the whole world celebrates World Braille Day, in commemoration of the birth anniversary of the French educator Louis Braille, who is known as the father of the blind language i.e., Braille. Braille is the language(script) specially designed for blind people, which is now used all over the world.



-Parth Pandre

WORLD BRAILLE DAY

With Contributions from
Snehith Reddy
Syeda Maryam
Lasya Nandini
Anshuman Singh
D.Krishna Shree
Parth Pandhre
Mr Murtuza

World Of Science(Science News)

-Quantum particles can feel the influence of gravitational fields they never touch.



If you're superstitious, a black cat in your path is bad luck, even if you keep your distance. Likewise, in quantum physics, particles can feel the influence of magnetic fields that they never come into direct contact with. Now scientists have shown that this eerie quantum effect holds not just for magnetic fields, but for gravity too – and it's no superstition.

-A genetic analysis hints at why COVID-19 can mess with smell

For many people, one of the fastest tip-offs that they have COVID-19 is the loss of taste or smell. Now researchers have pinpointed some genetic variants in people that may make it more likely that the coronavirus might rob them of these senses.

-K.Sricharan Reddy

BIRTHDAYS OF THE MONTH

Famous Birthdays:

-Swami Vivekananda - Jan 12th



-Subhash Chandra Bose
Jan 23rd

-A.R Rahman - Jan 6th



Student Birthdays:

- Mounika - Jan 21th

-Lokesh - Jan 17th

-Joel

NUMBER MAZE

6	1	12	24	87
15	2	4	81	76
16	9	100	98	64
21	25	55	49	48
29	37	36	61	5

Find the pattern of numbers referring to the numbers 1-10.

-Anshika



Young Chef's - Recipes

CHOCOLATE MILKSHAKE

Ingredients - Milk (300ml) , vanilla ice cream , any 5 milk chocolates of your choice , 1 pack of oreos , chocolate syrup for garnishing , 1 tablespoon of sugar , 4 ice cubes

Recipe : Take a mixer grinder and pour in 300 ml milk . Add 1 tablespoon of sugar , 2 scoops of ice cream , and your choice of chocolates and a half packet of oreos into the milk . Give it a good mix . After the shake is done , use a fancy glass for the serving . Pour in the drink and serve it cool. (use syrup for garnishing if needed) .

-Rithvik Ravirala

D.I.Y Satellite Model for Science Project

Materials-

cardboard, aluminum foil, and A4 sheet paper.



-let us make this, so first, we need to a paper into a half semicircle and stick from the corners, cut a cardboard in a small circle shape and paste it into the base as shown in the video, now make a box by using cardboard and cover it with aluminum foil and make two holes on opposite sides, now take two rectangle shape cardboard sheets, cover it with white paper and stick some small pieces of blue paper on it, stick these two cardboard sheets into that box, also stick that semicircle on that box, and color it, your satellite is ready.

You can use this satellite as your school science project and can make your room more attractive.

-Sreehasra

Edited By:

-K. Sricharan Reddy

-Rithvik Ravirala

QUIZATHON

1. What is the new company name of Facebook?
2. Who is the director of the movie Spider Man: No way home?
3. What is the national flower of Britain?
4. Niagara Falls was discovered by?
5. The earlier name of New York city was?

Answers

1. Meta
2. Jon Watts
3. Rose
4. Louis Hennepin
5. New Amsterdam

-Nishi Agarwal

STUDY TIPS

- Pay attention in class. learn, break it into smaller
- Take good notes. chunks.)
- Plan ahead for tests and projects. -Ask for help if you get stuck.
- Break it down. (If you have a bunch of stuff to -Get a good night's sleep!
- Practice, practice, practice!
- Don't just read books & notes

-Sohail

SPACE NEWS

- Strange and hidden Jupiter-size exoplanet spotted by astronomers and citizen scientists.
- Artemis I SLS Rocket Core Stage Engineering Testing Complete.
- Citizen Scientists Discover Giant Jupiter -Like Planet in NASA TESS Data.
- High-Energy Oxygen Ions Discovered in Jupiter's Innermost Radiation Belts.
- Amazon CEO Jeff Bezos started a space company known as 'Blue Origin'.
- 4-foot tsunami hits Tonga after explosive eruption of underwater volcano.

-G. K. Ram Rishit



My Favourite book

GREEN PLANET
(ENVIRONMENTAL ISSUES)

The environment plays a significant role to support life on earth. But there are some issues that are causing damage to life and the ecosystem of the earth. It is related not only to the environment but with everyone that lives on the planet. There are hundreds of issues that are causing damage to the environment. The major environmental issues are pollution, environmental degradation, resource depletion, and climatic change.

Here are 5 simple ways you can help the environment and spark others to become more environmentally aware.

- 1) Replace disposable items with reusable
- 2) Pass on paper
- 3) Conserve water & electricity
- 4) Support local & environmental friendly products
- 5) Recycle & Recover

-Pramiti Singh

Books are friends who never leave your side. I enjoy reading books. They have the power to help us travel through worlds without moving from our places.

Harry Potter was a series of books authored by one of the most eminent writers of our generation, J.K. Rowling. These books showcase the wizarding world and its workings. Although the series contains seven books, I have a particular favourite: My favourite book from the series is *The Goblet of Fire*. When I started reading the book, it caught my attention instantly. Even though I had read all the previous parts, none of the books caught my attention as this one did. The concept of the Tri-wizard tournament is one of the most brilliant pieces I have come across in the Harry Potter series. Even though the books are about the world of wizards and magic, the series contains a lot of lessons for young people to learn. Firstly, it teaches us the importance of friendship. Further, the series of Harry Potter taught me that no one is perfect. Everyone has good and evil inside them. We are the ones who choose what we wish to be. This helped me in making better choices and becoming a better human being. Finally, these books gave me hope. It gave me the strength to cling on to hope in the most desperate times just like Harry did all his life. These are some of the most essential things I learned from Harry Potter. In conclusion, while there were many movies made in the books, Nothing beats the essence and originality of the books. Therefore, the Goblet of Fire remains to be my favourite book.

-Saad Abdul Quader

4

Music World (My favourite singer/Musician)

Shreya Ghoshal

Music is an expression of an individual, a society and even culture.

"When words fail, music speaks" -Hans Christian Anderson

A country so rich and diverse as ours, overflows with talent and passion. Music has taken a deep root not just in our culture, but also everyday. Shreya Ghoshal is a prominent playback Indian singer of the modern day. She is a world renowned Hindustani classical and ghazal singer who features in genres of music. Her songs have been featured in many Indian films. She has several awards to her name, including Filmfare awards. She has also been a judge on many television reality shows. She holds a massive fan following among both young and old. Besides being a playback singer, she has given live concerts all over the world. She is an inspiration to the younger generations to pursue their dreams in the field of music and art. It falls on us to fulfil these dreams and encourage others to appreciate music.

K.ASHITA VIII-D

B.JAGRUTH VIII-D

HELP PREVENT COVID-19

- Maintain a 2 metre (6') distance with others.
- Wash hands with soap and water thoroughly and often.
- Keep surfaces clean and disinfected.
- Everyone should avoid group settings.
- Avoid non-essential trips in the community.
- Stay home if you are sick.

ARJUN -VIII-D

VIIID & VIIIE

A visit to a place of tourist interest

JAPAN

We all know Japan is a very unique country and that not many places in the world can be compared with it. The culture, the history, food, and the place itself is something that you can't find anywhere else.

The Olympics 2021 was held at Tokyo, Japan. Japan is also famous for anime which was started by Osamu Tezuka. Dragon Ballz, Naruto are few of the most popular anime. Majestic Mount Fuji is the country's highest mountain peak. This majestic and tabled mountain is tall enough to be seen from Tokyo.

Every year more than a million people climb Mount Fuji as an act of pilgrimage. One of Japan's most visited cities, Kyoto attracts more than 10 million visitors annually. Most of them are here to explore Kyoto's fine old streets and architecture. One of the most famous is the Zen temple of Hokokuji, was founded in the 14th century. The temple features a beautiful bamboo garden. Kamakura is also well-known for its iconic bronze Buddha. Sitting tall at over 13 metres in height, this impressive statue has been out in the open for over 500 years.

Himeji Castle is considered the most spectacular castle in Japan. Both a World Heritage Site and national treasure, Japan is a great country and I would love to live there someday. There are lots of great places I can check out and learn from. There are lots of activities that I can enjoy during the day and also during night. Everything over there is an Adventure.

SUMANA VIII-E

Hi friends !!!

I am Shelemaia Harshika studying in Little Flower High School. I am a young dancer. Dancing makes me cheerful and lively. I figured out it was my way of expressing happiness and joy. Dance is an art in motion. I made my way through it by choreographing my dance moves. It is always an adventure when I am on stage to perform. I feel my body frolics as the music plays. Not to mention, it is when I forget my moves I get more creative. As time passed dancing became my passion, a passion that lit my life up. I wanted to do more of it. Then I decided to begin my YouTube channel, Harshika the best. YouTube gave me a platform to make dance videos and upload them. Now, dance has become a part of me. I would like to thank my parents for supporting me. I am grateful to my sister who always helps me to film videos and edit them. I am so grateful to God for giving me a wonderful family. I thank all my well-wishers, my school, and family for supporting me in my life.

HARSHIKA-VIIIE

School News, Events and Awards

- ❖ A Workshop for Classes 9 and 10 on Stream Selection was conducted by Miss Neha Wahi - AVP Career Launcher.
- ❖ Several competitions were held at Salar Jung Museum and many 7th Class students bagged prizes.
- ❖ Miss.G.S.Ritsika of Class 7A bagged the Third prize in English Elocution and Fourth prize in Drawing and Painting Competition conducted by Salar Jung Museum. She has won a cash prize of Rs. 300.
- ❖ Miss.Shradha Sardiwal of Class 7A bagged the Third prize in English Debate and won the Second prize in Drawing and Painting Competition held at Salar Jung Museum and received a cash prize of Rs. 500.
- ❖ Miss.Aparna Sarva of Class 7A has won the Second prize in Telugu Elocution held at Salar Jung Museum and received a cash prize of Rs.500.
- ❖ Master.Abdul Malik of Class 7A secured the Second prize and an amazon voucher of Rs1500 in the Competition conducted by Tekie Spy Squad Camp.
- ❖ Miss Shradha S, Miss Zoya Akbar & Miss G S Ritsika of Class 7A have qualified for the Finals of the PAI IT Olympiad.

CONGRATULATIONS TO ALL THE WINNERS!!!

Virtual Annual Day celebration of Classes 5 and 6 was held on 31st January which received lots of appreciation from parents and well wishers.



CURRENT AFFAIRS

NEWS THAT KEEPS YOU INTERESTED

- Govt Setting Up National Land Monetisation Corporation.
- - by Dia Pokarna
- Xiomara Castro Sworn in the First female President of Honduras.

- Zoya Akbar

**30 JANUARY 2021
MARTYRS' DAY**



In a world full of strife and violence, Gandhiji spent his life preaching and practising non-violence. 30th January is observed as the Martyras' Day, as it marks the assassination of Mohandas Karamchand Gandhi in 1948.
Prathyek Kenneth

Paintings



By Pravisthaa

By Shradha S



By Ritsika G S

NEWS

STATE NEWS:-

WE Hub is Women Entrepreneurs Hub. It is a startup incubator. -Aparna Sarva
KCR likely to adopt 2018 strategy for next polls. -Tirumala Shrithika



NATIONAL NEWS:-

The Third COVID-19 surge saw younger in-patients with lesser proportions of all symptoms. - Haseeb S.M

INTERNATIONAL NEWS:-

News - Winter Olympics 2022 started from 4th February 2022 and is being held in Beijing. -Shradha Sardiwal



Students contributed for matter - Haseeb,Dia,Shradha,Aparna,Shrithika,Prathyek

Edited by G S Ritsika

CLASS 7B



WORLD OF SCIENCE

RESEARCHERS IN PURDUE UNIVERSITY'S COLLEGE OF PHARMACY ARE FURTHER DEVELOPING A POTENTIAL IMMUNOTHERAPY TREATMENT FOR CANCER. ONE FOCUSED ON THE MUTATION OF AN ENZYME. IT HAS THE POTENTIAL TO REDUCE TUMOR GROWTH. TUMORS ARE DANGEROUS AND HAVE TO BE REMOVED SURGICALLY.



A NEW DREADFUL VIRUS WAS FOUND IN SOUTH AFRICA. THE NAME OF THIS VIRUS IS DELTA WHICH IS VERY DANGEROUS AND HAS THE POTENTIAL TO KILL 1 OF EVERY 3 INFECTED PEOPLE.

THE WORLD HEALTH ORGANIZATION IS BRINGING THE WORLD'S SCIENTISTS AND GLOBAL HEALTH PROFESSIONALS TOGETHER TO ACCELERATE THE RESEARCH AND DEVELOPMENT PROCESS, AND DEVELOP NEW NORMS AND STANDARD TO CONTAIN THE SPREAD OF THE CORONAVIRUS PANDEMIC AND HELP CARE FOR THOSE EFFECTED.

A NEW DRUG WAS IDENTIFIED WHICH MAY EFFECTIVELY TREAT COVID-19 VIRUS.



AALFA

RECIPE OF VEGETABLE RICE

Materials Required:

2sp oil, 1 bay leaf, 1 inch cinnamon, 2 pods of cardamom, 1/2 onion, 1 chilli, 3 beans, 1 carrot, 2 tbsp peas, 1/2 capsicum, 1 cup basmati rice, 2 cup of water, 1 tsp salt, 1 tsp lemon juice, 2 tbsp coriander.

Procedure:

1. Firstly in a large bowl heat 2 tsp oil and saute 1 bay leaf, 1 inch cinnamon, and 2 pods of cardamom until they turn aromatic.
2. Now add 1/2 onion, 1 chilli and saute them until they turn translucent.
3. Further add 3 beans, 1 carrot, 2 tbsp peas, and 1/4 capsicum.
4. Stir fry for 2 minutes without mashing the vegetables.
5. Now soak 1 cup of basmati rice in water for 20 minutes, then add them in the bowl.
6. Roast for 2 minutes without leveling the rice.
7. Next, add 2 cup of water, 1 tsp salt and 1 tsp lemon juice.
8. Mix well, cover or simmer for 20 minutes.
9. Turn off the flame, cover the bowl and rest for 10 minutes.
10. Finally add 2 tbsp of coriander leaves and enjoy your vegetable rice.



Meeni

BIRTHDAYS OF THE MONTH

Famous Birthdays:

Thomas Alva Edison - Feb 11th



Galileo Galilei - Feb 15th

Cristiano Ronaldo - Feb 5th



Student Birthdays:

Grishma Agarwal - Feb 12th



Tanish

Number Maze

Help the bird to find out her nest by circling the odd numbers



12	13	14	15	16	17	18	19
20	21	22	23	24	25	26	27
34	35	36	37	38	39	40	41
48	49	50	51	52	53	54	55
62	63	64	65	66	67	68	69
76	77	78	79	80	81	82	83
92	93	94	95	96	97	98	99

Sam

TIPS ON HOW TO IMPROVE YOUR PAINTINGS

1. Start by painting the first color in broad strokes across the top of the paper.
2. Always try to use as much as less water you can, because excessive use of water in a painting can wet the page and curl it.
3. Use as much as heavy paper you can for more efficient effects.
4. Taping the painting can bring more sharpness and finishing in your painting.
5. Do not go fast or else it can be messy, be slow and give your best.

Rushool

Edited by
Faraz Ahmed Khan
Yash Chhapparwal

7th C

My Favorite Book

Blue Light Yokohama

by Nicolás Obregón (Book review by Nadine Sequeira from 7c) This beautifully written novel is about how Inspector Iwata from Tokyo solves a murder case with the help of his partner Sakai. Recently transferred to Tokyo's homicide department, Police Inspector Kosuke Iwata is facing superiors who don't want him there and is assigned with a new partner Noriko Sakai who'd rather work with someone else, the original inspector killed himself by jumping off Tokyo's famous Rainbow Bridge. Their case was to investigate the slaughter of a family, a brutal murder. The murderer left no clues, nothing. Except for hideous black smudges, a disgusting smell of incense and a disturbing black sun painted on the ceiling. This symbol of the black sun clearly spoke that it wasn't the murderer's first murder. Iwata tracks down the murder, the symbol, he tries to decipher the motive of the crime. I enjoyed reading this book, it had a very original taste to it, I like reading novels about crime. I'd definitely recommend this to people who like the crime/thriller genre and can maintain reading as it's a long novel.

- Nadine Kristin

Quizathon

- 1) Name the folk dance of Assam.
- 2) Name the longest river in the world.
- 3) Who is known as Father of Indian Constitution?
- 4) Who was the first woman Prime Minister of India?
- 5) The book "My experiments with truth" is the autobiography of?

Answers -

- 1) Bihu
- 2) Nile River
- 3) Dr.B.R.Ambedkar
- 4) Indira Gandhi
- 5) Mahatma Gandhi

- Vishnu Datta , Rishikesh

Green Planet :

The environment plays a significant role in supporting life on earth. There are some issues that are causing damage to our environment like polluted air, global warming, frequent climate change etc. But above all this, human beings and their greed for more is the ultimate cause of the environmental issues. Our everyday activities are constantly degrading the quality of air because of which our environment is getting polluted. The ultimate result is the loss of survival conditions on earth.

- Karishma Varma

SPACE NEWS

Discovery of Comet Bernardinelli-Bernstein-

Amateur astronomer discovers a new moon around Jupiter. The new moon is called EJC0061.

The sun was experiencing a quiet time in its roughly decade-long cycle, but it is now exiting that phase. The star's surface is now erupting in powerful events that spew out charged particles towards Earth.

James Webb Space Telescope flies into the space.

Scientists spot the closest-known black hole to Earth 6.

Perseverance begins studying rocks on Mars

- Shradha Thakur ,Gwalikar Suman

Study Tips



**PARTICIPATE
IN CLASS**



**ASK
QUESTIONS**

**STAY
ORGANIZED**



**TAKE GOOD
NOTES**



**KEEP TRACK OF
IMPORTANT
DATES**



**CREATE
A STUDY
ROUTINE**

**PRIORITIZE
HOMEWORK**



**DO YOUR
HOMEWORK**



**HAVE ALL
YOUR STUDY
MATERIALS**



**FIND A
QUIET
PLACE**

- Akshaya Reddy, Sahithi

Class 7th D and 7th E

SPORTS NEWS

Sports refer to an activity involving physical strength and skill. Here, two or more parties compete against each other. Sports are an integral part of human life and there is great importance of sports in all spheres of life.

Sports have a massive positive effect on both the mind and body. It certainly is an excellent tool to keep the body physically fit. A sport is an aspect of human life that is of Paramount importance.

It certainly increases the quality of human life. Sports must be made mandatory in schools. This is because it is as important as education. Everyone must perform at least one sport activity on a regular basis.

Finally, sports reduce the stress of mind. A person who is active in sports would certainly experience less depression.

TIPS

TIPS ON YOGA, DIET AND HEALTH

Tips on Yoga

1. FIND AN EXPERIENCED TEACHER.
2. WEAR COMFORTABLE CLOTHING.
3. USE A NON-SLIP MAT.

Tips on Diet

1. DRINK MORE WATER.
2. EXERCISE DAILY.
3. GET ENOUGH SLEEP.

Tips on Health

1. EAT A HEALTHY DIET.
2. HAVE PERIODIC HEALTH CHECK UP.
3. MAINTAIN THE TIMINGS FOR MEALS.

-Nita Celestina VII D
-Saad shams Ahmed Hussain VII D

A TOURIST PLACE ELLORA CAVES

The Ellora Caves, a UNESCO World Heritage site, lies 62 miles southwest of Ajanta and are an awe-inspiring example of India's long and unbroken history. Of the nearby 100 Caves at the site, 34 are open to the public and feature many Buddhist, Hindu and Jain monuments.

The World's largest single monolithic rock excavation, a chariot dedicated to lord Shiva.

All the Ellora monuments were built during Rashtrakutas dynasty, who constructed part of the Hindu and Buddhist Caves and the Yadava dynasty who constructed number of the Jain Caves.

Today, the Ellora Caves, along with the nearby Ajanta Caves, are a major tourist attraction and a protected monument under the Archeological survey of India.

Eleven out of twelve Buddhist Caves consists of viharas or monasteries with 3 large halls, multi storied building carved into the mountain face, including living quarters, sleeping quarters, kitchens and other rooms. The Monastery Caves have shrines including carvings of Gautama Buddha, bodhisattva saviors and saints. Each year the Caves attract large number of religious pilgrims and tourists. The Annual Ellora Festival of Classical Dance and Music is held there in the third week of March.

WORD SEARCH

WORD SEARCH

L	O	B	T	O	G	E	T	H	D	
C	N	D	H	I	P	R	S	A	T	U
K	A	L	O	V	A	L	F	C	V	S
C	R	V	J	C	U	R	I	O	S	
A	A	U	U	H	U	S	W	S	X	N
L	N	O	M	I	M	M	H	E	R	E
I	D	F	T	R	U	I	E	Y	Z	N
F	O	H	J	P	L	I	E	N	T	I
O	M	C	A	R	E	Y	G	Y	T	L
R	N	S	H	A	D	O	W	A	H	U
N	T	A	D	O	L	E	L	O	A	F
I	S	M	B	C	A	Y	O	Y	N	I
A	S	A	T	U	R	D	A	Y	T	G

CALIFORNIA ITALY LOYAL DOCUMENT FRONT
RIVER CUBAN SATURDAY BARDOUR TURBO
SHADOW BODY CARE TUBER TACCA LOAF FOLIE
IDY SANA AND HARM TEI

MY FAVOURITE MUSICIAN OR SINGER

King Of Pop, Michael Jackson arguably the most well-known celebrity figure in the world today. He was born on August 1958 in Gary, Indiana. He obtained 15 Post Singles & 17 Grammy Awards which sold over 1 billion albums. he became a role model for many music fans all around the world. He didn't just start out famous, he had steps to get there. He fought & defeated social barriers in the music industry.

-Aaron Khalil VII D
-B.V Jaha VII D
-Anthony VII D

ABOUT THE FAMOUS PLACES

Taj Mahal

1. TAJ MAHAL WAS BUILT IN AGRA.
2. SHAH JAHAN BUILT IT IN THE MEMORY OF HIS WIFE, MUMTAZ MAHAL.
3. TAJ MAHAL IS ONE OF THE SEVEN WONDERS OF THE WORLD.
4. IT WAS BUILT FROM 1632 TO 1653.
5. THE ENTRANCE FEE FOR FOREIGNERS IS 1000 RUPEES.
6. THE COST OF THE BUILDING IS 32 MILLION INDIAN RUPEES.
7. IT IS BUILT IN WHITE MARBLE.
8. TAJ MAHAL HAS A CLONE CALLED "THE DIDI KA MAQBARA" BUILT BY AZAM SHAH, THE SON OF AURANGZEB.

RED FORT

1. USTAD AHMAD LAHOURI WAS THE ARCHITECT OF RED FORT (LAL QILA) AND IT WAS BUILT BY SHAH JAHAN AS THE PALACE FORT OF HIS CAPITAL SHANJAHANABAD.
2. THIS IS WHERE THE PRIME MINISTER HOISTS THE FLAG EVERY YEAR ON INDEPENDENCE DAY.
3. IT IS SAID THAT BAHADUR SHAH ZAFAR WAS IMPRISONED IN THE RED FORT BY THE BRITISH.
4. THE REAL NAME OF RED FORT IS "QILA-E-MUBARAK"
5. IT TOOK A DECADE TO BUILD THE RED FORT BETWEEN THE YEARS (1638-1648)
6. RED FORT IS FAMOUS FOR ITS MASSIVE ENCLOSING WALLS.

Editor:- Attaluri Ashrith

CLASS VI A PRESENTS NEWS BUZZ

1



INTERNATIONAL DAY

International Women's Day is a global holiday celebrated annually on March 8 to commemorate the cultural, political, and socioeconomic achievements of women.

SCHOOL EVENT'S



~ REV. BRO SHAJAN ANTONY RECEIVING 5 STAR RATING FOR LITTLE FLOWER HIGH SCHOOL, IN CATEGORY OF EXCELLENCE IN TECHNOLOGY INTEGRATION IN EDUCATION..

~ FELICITATION OF SILVER JUBILARIANS



~ BEGINNING OF REVISION TEST FOR SA - II

ARTISTIC SQUARE



NEWS CORNER

WORLD NEWS

~ RUSSIA ATTACKS UKRAINE .
MANY INDIAN STUDENTS
TRAPPED IN UKRAINE



CRUDE OIL 'WTI' INCREASED BY
2% to 105.04\$



NATIONAL NEWS

PM MODI INAUGURATES PUNE METRO
RAIL PROJECT .

ELECTIONS HELD IN 5 STATES, BJP
GETS 4 OF THEM.

YOGI ADITYANATH SETS RECORD OF
BECOMING THE CM OF UTTAR
PRADESH FOR THE SECOND TIME

~ AAM AADMI PARTY MAKES
BHAGWANT MANN THE CM OF
PUNJAB .



Little Flower High School Abids

Class VI B

NEWS BUZZ

BIRTHDAYS IN MARCH

Famous Birthdays



Alexander Graham Bell
 Born: 3 March 1847
 Died: 2 August 1922
 He was an American engineer and created the first practical telephone.



Albert Einstein
 Born: 14 March 1879
 Died: 18 April 1955
 He was theoretical physicist.



Thomas Bodley
 Born: 2nd March 1543
 Died: 26th January 1635
 He was an English diplomat.



Husna Fatima
 born 11-3-2010
 student of class 6th B



Abhishek
 born 15-3-2010
 student of class 6th B

Student Birthdays

LAASYA

How to make this fun CD craft

- Take any old CD
- Then cover CD with any colour of your choice and then paint it
- Next roll three papers [colour paper or white paper optional]
- Next cut the rolls into small pieces and then stick them to the CD using fevicol
- Then let it dry. Then add some design of your own in the middle.
- Done the fun CD craft is ready



SAMANVITHA

Tomato Chutney

How to Prepare Tomato chutney in just 5-8 minutes

Ingredients for 2 people

- Onions - 1
- Tomatoes - 4
- Green chillies - 6 mins
- Garlic - 10 chopped
- Oil
- Turmeric powder 1 small teaspoon
- red chilli powder 1 small teaspoon and salt for taste
- Jeera,
- red chillies 2 for seasoning

First cut onions and tomatoes - small pieces, slit green chillies and keep it aside

Pour oil in a pan, season with jeera and red chillies as they pop out, add onions fry it a bit for 2 minutes, add tomatoes, stir, add a small teaspoon of turmeric powder, red chilli powder and salt for taste...stir...leave it for 2 minutes...add chopped garlic. Leave it on mid flame for 2-3 mins or until oil comes on top of the curry, garnish with coriander leaves and eat with hot roti or warm rice.

ABHISHEK

IN THE RECENT TIMES

1. A FOSSILED DINOSAUR EGG FOUND IN CHINA. EGG IS PERFECTLY PRESERVED.



2. STUDENT BUILT ROBOT RACE CAR



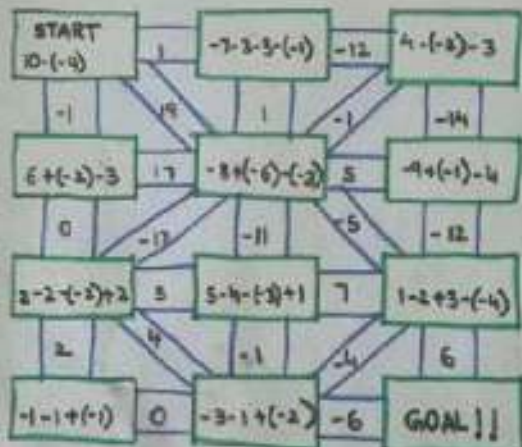
3. HOUSTON-BASED INITIATIVE IN LARGER TO THE MOON THIS YEAR



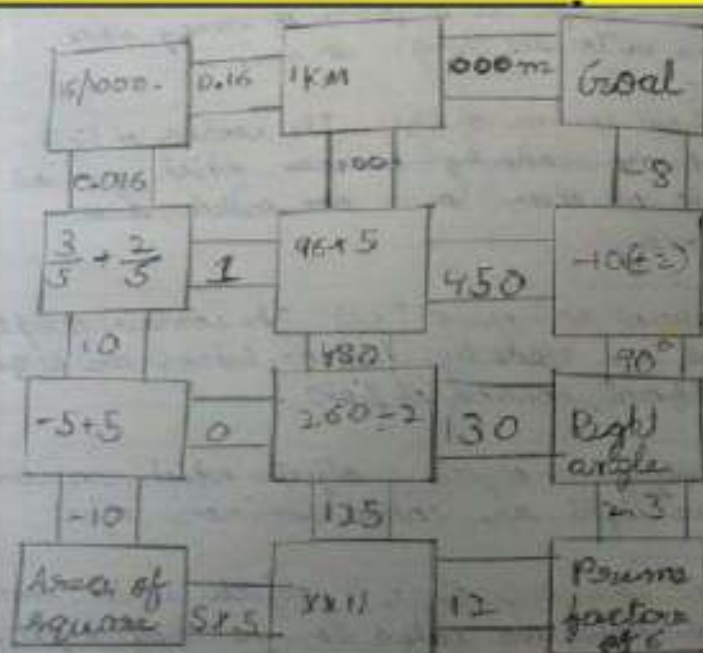
MEDHAANSH

NUMBER MAZE

Solve the various problems and find the correct way from start start problem and reach the goal.



ANIKA
 6/8
 25



Pranavender Reddy
 20

CLASS VI C

Harry Potter

Harry Potter was a series of books authored by one of the most eminent writers of our generation, J.K. Rowling. These books showcase the wizarding world and its workings. J.K. Rowling has been so successful at weaving a picture of this world, that it feels real. Although the series contains seven books, I have a particular favourite. My favourite book from the series is The Goblet of fire. When I started reading the book, it caught my attention instantly. Even though I had read all the previous parts, none of the books caught my attention as this one did. It gave a larger perspective into the wizarding world. The concept of the Tri-wizard tournament is one of the most brilliant pieces I have come across in the Harry Potter series. In addition, this book also contains some of my favourite characters. The moment I read about Victor Krum's entry, I was star struck. The aura and personality of that character described by Rowling are simply brilliant. Further, it made me become a greater fan of the series.

By, Shaik Eshan

Quiz Time

- Q1:How many hearts does an octopus have?
Ans:3
- Q2:What is "cynophobia"?
Ans:Fear of dogs
- Q3:The Unicorn is the national animal of which country?
Ans:Scotland
- By Abhirroop Shankar

GK CORNER

EXAM TIPS

1. Pick a place and time
Everyone has their own idea about the best place and time to study. Find a study space and a regular study time that works for you and stick with it.
 2. Study every day
If you study a little bit every day you'll be continually reviewing things in your mind.
 3. Plan your time
It helps you to have a proper time table. So you can make the most of your study time.
 4. Discover your learning style.
Most of us have a preferred way of learning. Get to know the learning style that you are most comfortable.
 5. Review and revise
At least once a week you should go back over the things you've studied in class.
- By Tithi Darak

GREEN FUTURE-BRIGHT FUTURE!

Being environmentally conscious is not always about plastic bags ; it's about making the right choices. Nowadays, our planet is changing, and not in a good way. High temperature and heavy precipitation events are increasing, glaciers and snow cover are shrinking, and sea ice is retreating. Seas are warming, and becoming more acidic. But there are many steps we can take to change this. Some of them are:-

- Recycling
- Buy only what you will use
- Avoid disposable products
- Shut of lights
- Conserving water
- Promoting afforestation etc...

We can't reverse what we have done, but we can try to make it better. If we follow these simple steps we can hope for a clean and green future.

By Pranavi Niharika

Space News

War impact to the space station :

THE CLOSE COLLABORATION IN SPACE BETWEEN RUSSIA AND THE WESTERN WORLD SEEMS TO BE AN END WITH INCREASING TENSION OVER RUSSIA AND UKRAINE . RUSSIA HAS REFUSED TO LAUNCH SATELLITES FOR WESTERN COUNTRIES .

Facts about space!!

- 1.THE SPACE IS COMPLETELY SILENT.
- 2.ONE MILLION EARTHS CAN FIT INSIDE THE SUN.
- 3.HALLEYS COMET WON'T ORBIT PAST EARTH AGAIN UNTIL 2061.

Why is moon visible to us in the day time too?

NIGHT IS TRADITIONALLY THE MOON'S TIME TO SHINE, AFTER THE SUN HAS SET. BUT THE MOON CAN SOMETIMES BE VISIBLE DURING THE DAY, EVEN WHEN THE SUN IS UP -BECAUSE SOMETIMES THE SUN IS SO BRIGHT AND ITS LIGHT CAN OVERPOWER THE LIGHT FROM THE MOON AND THE STARS. AT CERTAIN TIMES OF THE DAY , WE CAN SEE THE MOON DURING DAYLIGHT HOURS TOO.

A.Disha VI-C

LITTLE FLOWER HIGH SCHOOL - ABIDS

NEWS BUZZ – (Class – VI D & E)

SPORTS NEWS



1. Ishan Kishan became the second-most expensive Indian player acquired in IPL auction history after Mumbai Indians re-signed the 23-year-old with a winning bid of INR 15.25 crore on the opening day of the IPL 2022 mega auction.

2. India wins the under-19 world cup for 5th time making history



3. Novak Djokovic holds on to the world number one spot ahead of Daniil Medvedev and Alexander Zverev in the latest ATP rankings released on Monday



4. Harmanpreet Singh scores four goals in India's 10-2 demolition of South Africa

Sai Kantiij 6 D

KASHMIR : CATCH A GLIMPSE



I went to Kashmir with my family in the month of May. It was the heaven on earth. The snow fall and the uniquely detailed architecture of the boat house on Dal Lake. I got up early to play in the snow, made snow man, took videos and photos. In Jammu it was extremely difficult to climb the mountains, inspite of wearing gum boots. From the resort we could see the beauty of God's creation, the snow capped green and white mountains, the river running by the terrace farming filled me with a sense of awe. The ride on the ropeway, the special rejuvenating drink and the delicious food was awesome. A memory to behold.

Vishwak 6 E

M V J A V E D A L I
U S H A U T H U P M
K I S H O R E L A P
E G E E T A S O N N
S D U A Q F O L K N
H U H D Y I N C A A
M A N N A D E Y J B

JAVED ALI
MUKESH
USHA AUTHUP
KISHORE
PANKAJ
SONU
ASHA BHOSLE
GEETA
MANNA DEY
DUA

K. Grace
Aishita 6 D

ARCHERY
BASKET
BOWLING
DANCE
FOOTBALL
GOLF
KARATE
RUGBY
SKATE
SKI
SNOWBOARD
SOCCER
SWIM
TENNIS
VOLLEY
WINDSURF

F B F R U S D N I W
O V O K A R A T E B
O Y O W Y B G U R A
Y R B L L M I W S S
B E E G L I A I D K
A H T O S E N E A E
L C A L B N Y G N T
L R K F E S K I C A
L A S T S O C C E R
D R A O B W O N S L



Aavyukt 6 D

MYSTERIOUS WORDS:



MY FAVOURITE SINGER MOHAMMAD RAFI



There are many singers. My favorite is Mohammed Rafi. Mohammed Rafi was an Indian playback singer and musician. He is considered one of the greatest and most influential singers of the Indian Subcontinent. He recorded songs for over a thousand Hindi films and in many Indian languages as well as some foreign languages, though primarily in Urdu and Punjabi, over which he had a strong command. He recorded as many as 7,000 songs throughout his career. He received six Filmfare Awards and one National Film Award. In 1967, he was honored with the Padma Shri award by the Government Of India. In 2001, Rafi was honored with the "Best Singer of the Millennium" title by Hero Honda and Stardust Magazine. In 2013, Rafi was voted for the Greatest Voice in Hindi Cinema in the CNN-IBN's poll. He made many patriotic songs. Mohammed Rafi died on 31 July 1980, following a massive heart attack, aged 55.

YOGA

Vidisha Yadav 6D



Yoga is a religion. It is a science of self-fulfilling, self-realization, inner peace, inner harmony, inner strength, inner balance, inner confidence, inner peace, inner joy, inner love, inner wisdom, inner truth, inner beauty, inner power, inner grace, inner strength, inner balance, inner harmony, inner peace, inner joy, inner love, inner wisdom, inner truth, inner beauty, inner power, inner grace.

Eat Healthy Be Wealthy

A good health is the best wealth

- 1. Good Health
- 2. Wealth
- 3. Success
- 4. Happiness
- 5. Inner Peace
- 6. Inner Strength
- 7. Inner Balance
- 8. Inner Harmony
- 9. Inner Joy
- 10. Inner Love
- 11. Inner Wisdom
- 12. Inner Truth
- 13. Inner Beauty
- 14. Inner Power
- 15. Inner Grace



Health

Good health is the best wealth.

Good health is the best wealth.

Good health is the best wealth.



Sadhana
Ladika 6D



LITTLE FLOWER HIGH SCHOOL

Abids, Hyderabad