



LITTLE FLOWER HIGH SCHOOL LET YOUR LIGHT SHINE



Class VII

NEWS BUZZ A Journal beyond the Classroom

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VII - A

School News, Events and Awards

- ❖ A Workshop for Classes 9 and 10 on Stream Selection was conducted by Miss Neha Wahi - AVP Career Launcher.
- ❖ Several competitions were held at Salar Jung Museum and many 7th Class students bagged prizes.
- ❖ Miss.G.S.Ritsika of Class 7A bagged the Third prize in English Elocution and Fourth prize in Drawing and Painting Competition conducted by Salar Jung Museum. She has won a cash prize of Rs.300.
- ❖ Miss.Shradha Sardiwal of Class 7A bagged the Third prize in English Debate and won the Second prize in Drawing and Painting Competition held at Salar Jung Museum and received a cash prize of Rs. 500.
- ❖ Miss.Aparna Sarva of Class 7A has won the Second prize in Telugu Elocution held at Salar Jung Museum and received a cash prize of Rs.500.
- ❖ Master.Abdul Malik of Class 7A secured the Second prize and an amazon voucher of Rs1500 in the Competition conducted by Tekie Spy Squad Camp.
- ❖ Miss Shradha S, Miss Zoya Akbar & Miss G S Ritsika of Class 7A have qualified for the Finals of the PAI IT Olympiad.

CONGRATULATIONS TO ALL THE WINNERS!!!

Virtual Annual Day celebration of Classes 5 and 6 was held on 31st January which received lots of appreciation from parents and well wishers.



CURRENT AFFAIRS

NEWS THAT KEEPS YOU INFORMED

- GoI Setting Up National Land Monetisation Corporation.
- - by Dia Pokarna

-Xiomara Castro Sworn in the First female President of Honduras.

- Zoya Akbar



In a world full of strife and violence, Gandhiji spent his life preaching and practising non-violence.30th January is observed as the Martyras' Day, as it marks the assassination of Mohandas Karamchand Gandhi in 1948.
Prathyek Kenneth

NEWS

STATE NEWS:-

WE Hub is Women Entrepreneurs Hub. It is a startup incubator.

-Aparna Sarva

KCR likely to adopt 2018 strategy for next polls.

-Tirumala Shrithika

NATIONAL NEWS:-

The Third COVID-19 surge saw younger in-patients with lesser proportions of all symptoms.

- Haseeb S.M

INTERNATIONAL NEWS:-

News - Winter Olympics 2022 started from 4th February 2022 and is being held in Beijing.

-Shradha Sardiwal



Paintings



By Pravisthaa

By Shradha S



By Ritsika G S

Students contributed for matter - Haseeb, Dia, Shradha, Aparna, Shrithika, Prathyek

Edited by G S Ritsika

CLASS 7B



WORLD OF SCIENCE

RESEARCHERS IN PURDUE UNIVERSITY'S COLLEGE OF PHARMACY ARE FURTHER DEVELOPING A POTENTIAL IMMUNOTHERAPY TREATMENT FOR CANCER. ONE FOCUSED ON THE MUTATION OF AN ENZYME. IT HAS THE POTENTIAL TO REDUCE TUMOR GROWTH. TUMORS ARE DANGEROUS AND HAVE TO BE REMOVED SURGICALLY.



A NEW DREADFUL VIRUS WAS FOUND IN SOUTH AFRICA. THE NAME OF THIS VIRUS IS DELTA WHICH IS VERY DANGEROUS AND HAS THE POTENTIAL TO KILL 1 OF EVERY 3 INFECTED PEOPLE.

THE WORLD HEALTH ORGANIZATION IS BRINGING THE WORLD'S SCIENTISTS AND GLOBAL HEALTH PROFESSIONALS TOGETHER TO ACCELERATE THE RESEARCH AND DEVELOPMENT PROCESS, AND DEVELOP NEW NORMS AND STANDARD TO CONTAIN THE SPREAD OF THE CORONAVIRUS PANDEMIC AND HELP CARE FOR THOSE EFFECTED.

A NEW DRUG WAS IDENTIFIED WHICH MAY EFFECTIVELY TREAT COVID-19 VIRUS.



AALIYA

RECIPE OF VEGETABLE RICE

Materials Required:

3tsp oil, 1 bay leaf, 1 inch cinnamon, 2 pods of cardamom, 1/2 onion, 1 chilli, 5 beans, 1 carrot, 2 tbsp peas, 1/2 capsicum, 1 cup basmati rice, 2 cup of water, 1 tsp salt, 1 tsp lemon juice, 2 tbsp coriander.

Procedure:

1. Firstly, in a large bowl heat 3 tsp oil and saute 1 bay leaf, 1 inch cinnamon, and 2 pods of cardamom until they turn aromatic.
2. Now add 1/2 onion, 1 chilli and saute them until they turn translucent.
3. Further add 5 beans, 1 carrot, 2 tbsp peas, and 1/4 capsicum.
4. Stir fry for 2 minutes without mashing the vegetables.
5. Now soak 1 cup of basmati rice in water for 20 minutes, then add them in the bowl.
6. Roast for 2 minutes without breaking the rice.
7. Next, add 2 cup of water, 1 tsp salt and 1 tsp lemon juice.
8. Mix well, cover or simmer for 20 minutes.
9. Turn off the flame, cover the bowl and rest for 10 minutes.
10. Finally add 2 tbsp. of coriander leaves and enjoy your vegetable rice.



Hasini

BIRTHDAYS OF THE MONTH

Famous Birthdays:

Thomas Alva Edison - Feb 11th



Galileo Galilei - Feb 15th

Cristiano Ronaldo - Feb 5th



Student Birthdays:

Grishma Agarwal - Feb 12th



Tanish

Number Maze

Help the bird to find out her nest by circling the odd numbers

	15	49	34	96	62	70	
6	20	94	23	28	68	12	86
39	53	61	7	76	88	10	32
13	52	90	48	56	24	92	14
71	25	99	83	4	46	30	22
24	36	54	45	66	72	8	40
90	42	80	1	74	98	84	38
82	18	2	37	73	41	55	19
30	84	78	16	60	38	44	61
							27

Saanvi

TIPS ON HOW TO IMPROVE YOUR PAINTINGS

1. Start by painting the first color in broad strokes across the top of the paper.
2. Always try to use as much as less water you can, because excessive use of water in a painting can wet the page and curl it.
3. Use as much as heavy paper you can for more efficient effects.
4. Taping the painting can bring more sharpness and finishing in your painting.
5. Do not go fast or else it can be messy, be slow and give your best.

Rusheel

Edited by
Faraz Ahmed Khan
Yash Chhapparwal

7th C

My Favorite Book

Blue Light Yokohama

by Nicolás Obregón (Book review by Nadine Sequeira from 7c) This beautifully written novel is about how Inspector Iwata from Tokyo solves a murder case with the help of his partner Sakai. Recently transferred to Tokyo's homicide department, Police Inspector Kosuke Iwata is facing superiors who don't want him there and is assigned with a new partner Noriko Sakai who'd rather work with someone else, the original inspector killed himself by jumping off Tokyo's famous Rainbow Bridge. Their case was to investigate the slaughter of a family, a brutal murder. The murderer left no clues, nothing. Except for hideous black smudges, a disgusting smell of incense and a disturbing black sun painted on the ceiling. This symbol of the black sun clearly spoke that it wasn't the murderer's first murder. Iwata tracks down the murder, the symbol, he tries to decipher the motive of the crime. I enjoyed reading this book, it had a very original taste to it, I like reading novels about crime. I'd definitely recommend this to people who like the crime/thriller genre and can maintain reading as it's a long novel.

- Nadine Kristin

Green Planet :

The environment plays a significant role in supporting life on earth. There are some issues that are causing damage to our environment like polluted air, global warming, frequent climate change etc. But above all this, human beings and their greed for more is the ultimate cause of the environmental issues. Our everyday activities are constantly degrading the quality of air because of which our environment is getting polluted. The ultimate result is the loss of survival conditions on earth.

- Karishma Varma

SPACE NEWS

Discovery of Comet Bernardinelli-Bernstein

Amateur astronomer discovers a new moon around Jupiter. The new moon is called EJC0061.

The sun was experiencing a quiet time in its roughly decade-long cycle, but it is now exiting that phase. The star's surface is now erupting in powerful events that spew out charged particles towards Earth.

James Webb Space Telescope flies into the space.

Scientists spot the closest-known black hole to Earth 6.

Perseverance begins studying rocks on Mars

- Shradha Thakur ,Gwalikar Suman

Quizathon

- 1) Name the folk dance of Assam.
- 2) Name the longest river in the world.
- 3) Who is known as Father of Indian Constitution?
- 4) Who was the first woman Prime Minister of India?
- 5) The book "My experiments with truth" is the autobiography of?

Answers -

- 1) Bihu
- 2) Nile River
- 3) Dr.B.R.Ambedkar
- 4) Indira Gandhi
- 5) Mahatma Gandhi

- Vishnu Datta , Rishikesh

Study Tips



**PARTICIPATE
IN CLASS**



**ASK
QUESTIONS**

**STAY
ORGANIZED**



**TAKE GOOD
NOTES**



**KEEP TRACK OF
IMPORTANT
DATES**



**CREATE
A STUDY
ROUTINE**

**PRIORITIZE
HOMEWORK**



**DO YOUR
HOMEWORK**



**HAVE ALL
YOUR STUDY
MATERIALS**



**FIND A
QUIET
PLACE**

- Akshaya Reddy, Sahithi

Class 7th D and 7th E

SPORTS NEWS

Sports refer to an activity involving physical strength and skill. Here, two or more parties compete against each other. Sports are an integral part of human life and there is great importance of sports in all spheres of life.

Sports have a massive positive effect on both the mind and body. It certainly is an excellent tool to keep the body physically fit. A sport is an aspect of human life that is of Paramount importance.

It certainly increases the quality of human life. Sports must be made mandatory in schools. This is because it is as important as education. Everyone must perform at least one sport activity on a regular basis.

Finally, sports reduce the stress of mind. A person who is active in sports would certainly experience less depression

A TOURIST PLACE ELLORA CAVES

The Ellora Caves, a UNESCO World Heritage site, lies 62 miles southwest of Ajanta and are an awe-inspiring example of India's long and unbroken history. Of the nearby 100 Caves at the site, 34 are open to the public and feature many Buddhists, Hindu and Jain monuments.

The World's largest single monolithic rock excavation, a chariot dedicated to lord Shiva.

All the Ellora monuments were built during Rashtrakutas dynasty, who constructed part of the Hindu and Buddhist Caves and the Yadava dynasty who constructed number of the Jain Caves.

Today, the Ellora Caves, along with the nearby Ajanta Caves, are a major tourist attraction and a protected monument under the Archeological survey of India.

Eleven out of twelve Buddhist Caves consists of viharas or monasteries with 3 large halls, multi storied building carved into the mountain face, including living quarters, sleeping quarters, kitchens and other rooms. The Monastery Caves have shrines including carvings of Gautama Buddha, bodhisattvas sativas and saints. Each year the Caves attract large number of religious pilgrims and tourists. The Annual Ellora Festival of Classical Dance and Music is held there in the third week of March.

TIPS

TIPS ON YOGA, DIET AND HEALTH

Tips on Yoga

1. FIND AN EXPERIENCED TEACHER.
2. WEAR COMFORTABLE CLOTHING.
3. USE A NON-SLIP MAT.

Tips on Diet

1. DRINK MORE WATER.
2. EXERCISE DAILY.
3. GET ENOUGH SLEEP.

Tips on Health

1. EAT A HEALTHY DIET.
2. HAVE PERIODIC HEALTH CHECK UP.
3. MAINTAIN THE TIMINGS FOR MEALS.

-Ishita Celestina VII D

-Saad shams Ahmed Hussain VII D

WORD SEARCH

WORD SEARCH

L	G	B	T	S	D	G	E	T	H	Q
C	N	D	H	I	P	R	S	A	T	U
K	A	L	O	Y	A	L	F	C	V	S
C	R	V	J	C	U	R	I	O	U	S
A	A	U	U	H	U	S	W	S	X	N
L	N	O	M	I	M	M	H	E	R	E
I	D	F	T	R	U	I	E	Y	Z	N
F	O	H	J	P	L	I	E	N	T	I
O	M	C	A	R	E	Y	G	Y	T	L
R	N	S	H	A	D	O	W	A	H	U
N	T	A	D	O	L	E	L	O	A	F
I	S	M	B	C	A	Y	D	Y	N	I
A	S	A	T	U	R	D	A	Y	T	G

CALIFORNIA ITALY LOYAL DOCUMENT FRUIT
 AVOID CHIRP SATURDAY RANDOM CURIOUS
 SHADOW BODY CARE SUSHI TACOS LOAF FIG LIE
 (BY SANA AND HARINI TE)

MY FAVOURITE MUSICIAN OR SINGER

King Of Pop, Michael Jackson arguably the most well-known celebrity figure in the world today. He was born on August 1958 in Gary, Indiana. He obtained 13 First Singles & 17 Grammy Awards which sold over 1 billion albums. he became a role model for many music fans all around the world. He didn't just start out famous, he had steps to get there. He fought & defeated racial barriers in the music industry.

-Aaron Ekele VII D

-B.V Isha VII D

-Anthony VII D

ABOUT THE FAMOUS PLACES

TAJ MAHAL

1. TAJ MAHAL WAS BUILT IN AGRA.
2. SHAH JAHAN BUILT IT IN THE MEMORY OF HIS WIFE, MUMTAZ MAHAL.
3. TAJ MAHAL IS ONE OF THE SEVEN WONDERS OF THE WORLD.
4. IT WAS BUILT FROM 1632 TO 1653.
5. THE ENTRANCE FEE FOR FOREIGNERS IS 1000 RUPEES.
6. THE COST OF THE BUILDING IS 32 MILLION INDIAN RUPEES.
7. IT IS BUILT IN WHITE MARBLE.
8. TAJ MAHAL HAS A CLONE CALLED "THE BIBI KA MAQBARA" BUILT BY AZAM SHAH, THE SON OF AURANGZEB.

RED FORT

1. USTAD AHMAD LAHOURI WAS THE ARCHITECT OF RED FORT (LAL QILA) AND IT WAS BUILT BY SHAH JAHAN AS THE PALACE FORT OF HIS CAPITAL SHAHJAHANABAD.
2. THIS IS WHERE THE PRIME MINISTER HOISTS THE FLAG EVERY YEAR ON INDEPENDENCE DAY.
3. IT IS SAID THAT BAHADUR SHAH ZAFAR WAS IMPRISONED IN THE RED FORT BY THE BRITISH.
4. THE REAL NAME OF RED FORT IS "QILA-E-MUBARAK"
5. IT TOOK A DECADE TO BUILD THE RED FORT BETWEEN THE YEARS (1638-1648)
6. RED FORT IS FAMOUS FOR ITS MASSIVE ENCLOSING WALLS.